

Beachin'

拍數: 32 牆數: 4 級數: Improver
編舞者: Noe J. Roldan (USA) - July 2014
音樂: Beachin' - Jake Owen
或: The Big Bang - Katy Tiz



Dance begins 16 counts after the beat starts

BACK SCISSOR STEPS - PAUSED PIVOT TURN

- 1 Step right leg back diagonally to right, recover on left
- 2 Cross right leg behind left
- 3 Step left leg back diagonally to left, recover on right
- 4 Cross left leg behind right
- 5 Quarter turn right (3:00) over left leg pivot in place and step right next to left
- 6 Quarter turn right (6:00) over left leg pivot in place and step right next to left
- 7 Quarter turn right (9:00) over left leg pivot in place and step right next to left
- 8 Quarter turn right (12:00) over left leg pivot in place and step right next to left

SLIDES - STOMPS

- 9 Slide right leg forward diagonally to right
- 10 Slide left leg next to right
- 11 Slide left leg back diagonally to left
- 12 Slide right leg next to left
- 13 Stomp forward with right foot, recover on left
- 14 Rock back on right foot while turning left to 9:00, recover on left leg
- 15 Stomp forward with right foot, recover on left
- 16 Rock back on right foot while turning left to 6:00, recover on left leg

KICK N' POINTS - MONTEREYS - TURN

- 17 Kick right heel forward, bring back together
- 18 Touch left toes to left
- 19 Kick left heel forward, bring back together
- 20 Touch right toes to right
- 21 Half turn clock ways over left foot pivot (Monterey), bring right next to left
- 22 Touch left toes to left
- 23 Half turn counter clock ways over right foot pivot (Monterey), bring left next to right
- 24 Switch weight to left and make a half left turn (counter clock)

SCISSOR STEPS - FOUR POINT TURN

- 25 Step right with the right leg, recover on left
- 26 Cross right leg over in front of left
- 27 Step left with the left leg, recover on right
- 28 Cross left leg over in front of right
- 29 Slide right leg to right, bring left next to right
- 30 Quarter turn left and slide left leg to left, bring right next to left
- 31 Quarter turn left and slide right leg to right, bring left next to right
- 32 Quarter turn left and slide left leg to left, bring right next to left

Tag: After the 20th count on the 3rd wall - Restart: Immediately after Tag

- 1 Kick right heel forward, bring back together
- 2 Tap left toes behind right foot, bring back together
- 3 Cross right leg behind left

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Unwind and make a three quarter turn to 9:00

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