

Outta My Head

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Donna Pearce (AUS) & Maddison Glover (AUS) - May 2014
音樂: Outta My Head - Craig Campbell



Begin dance after count 24. REVISED: 21/06/2014

Fwd, rock fwd, replace, lock shuffle back, back rock, replace, kick-ball

1,2,3,4& Step R fwd, rock fwd onto L, replace weight onto R, step L back, cross R over L,
5,6,7,8& Step L back, rock back onto R, replace weight onto L, kick R fwd, step R together

Step, turning point, step, turning point, step, turning point, behind, side, cross

1,2,3,4 Step L fwd, turn 1/4 L as you point R to R side, turn 1/4 R stepping R fwd, turn 1/4 R pointing L
to L side,
5,6,7&8 Turn 1/4 L stepping L fwd, turn 1/4 L pointing R to R side, step R behind, step L to L side, cross
R over L (9:00)

3/4 turn, step, travelling sailor fwd, travelling sailor fwd, lock shuffle fwd

1,2,3,4& Turn 1/4 R stepping back onto L, turn 1/2 over R stepping fwd onto R, step L to L side, step R
behind L, step L to L side,
5,6&7&8 Step R to R side, step L behind, step R to R side (sailors are completed whilst travelling fwd)
step L fwd, lock R behind L, step L fwd. (6:00)

Rocking chair, step 1/2 pivot, step 1/2 pivot

1,2,3,4 Rock fwd onto R, replace weight onto L, rock back onto R, replace weight onto L,
5,6,7,8 Step R fwd, pivot 1/2 turn over L, step R fwd, pivot 1/2 turn over L

Cross, rock, 1/4, 1/2, 1/2 shuffle fwd, 1/2 shuffle back

1,2,3,4 Cross R over L, replace weight back onto L, turn 1/4 R stepping fwd onto R, turn 1/2 over R
stepping back onto L,
5&6,7&8 Make 1/2 turn over R stepping R fwd, step L together, step R fwd, make 1/2 turn over R
stepping L back, step R together, step L back. (3:00)

Reverse rocking chair, back rock, replace, full turn

1,2,3,4 Rock back onto R, replace weight onto L, rock R fwd, replace weight onto L,
5,6,7,8 Rock back onto R, replace weight onto L, make 1/2 over L stepping R back, make 1/2 turn over
L stepping L fwd.

Turning lock shuffle fwd, turning lock shuffle back (repeat x2)

1&2,3&4 Turn 1/8 R (4:30) Step R fwd, lock L behind R, step R fwd, Turn 1/4 R (7:30) still facing
diagonal Step L back, lock R over L, step L back,
5&6,7&8 Turn 1/4 R (10:30) Step R fwd, lock L behind R, step R fwd, Turn 1/4 R (1:30) still facing
diagonal Step L back, lock R over L, step L back,

Back rock, replace, step fwd, hold, toe switches fwd, rock replace turning 1/4

1,2,3,4 Square up to 3:00 as you step R back, replace weight onto L, step R fwd, hold
&5&6&7&8 Step L together, point R fwd, step R together, point L fwd, step L together, rock fwd onto R,
step back onto L as you begin to turn 1/4 R.

Restarts:

#1: During the second sequence, dance up to count 24 and restart facing 12:00.

#2: During the fourth sequence, dance up to count 46. Replace the full turn on counts 47-48 with a 3/4
turn R and restart the dance facing 12:00.

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