

Not Through Loving You

COPPER **KNOB**
BY STEPHEN METELNICK

拍數: 32 牆數: 4 級數: Advanced
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2014
音樂: I Don't Want to Be the One - Anastacia



Start after 8 count intro – [3 mins 59 secs – 64 bpm]

[1-8] □ R back & drag L to R, L coaster, ½ L, ½ L, R fwd, L fwd rock/recover, L back, R back rock/recover, R fwd, ¼ L pivot turn

1-2&3 Step R back (drawing L in), step L back, step R together, step L forward (extended 5th)

&4& Turning ½ left step R back, turning ½ left step L forward, step R forward (12 o'clock)

Non-turning option &4&: R, L, R forward

5&6 Rock L forward, recover weight on R, step L back

7&8& Rock R back, recover weight on L, step R forward, pivot ¼ left (9 o'clock)

[9-17] □ R cross step, ½ R hinge, L cross step, ½ L hinge, R cross step, L side, diagonal R back rock/recover, R fwd, L chase turn, ½ L, ½ L (sweeping R back to front)

1&2& Cross step R over L, turning ¼ right step L back, turning ¼ right step R side, cross step L over R

3&4& Turning ¼ left step R back, turning ¼ left step L side, cross step R over L, step L side (9 o'clock)

5&6 Rock R back angling to R diagonal (11 o'clock), recover weight on L, step R forward on diagonal

7&8 Step L forward, pivot ½ right, step L forward to diagonal (extended 5th) (5 o'clock)

&1 Turning ½ left step R back, turning ½ left step L forward (starting to sweep R from back to front) (5 o'clock) Non-turning option &1: R, L forward

[18-24] □ R jazz box cross (square to wall), ¼ L, ½ L, R fwd, ¼ L pivot, R cross step, L side ¼ R pivot, L fwd

2&3 Cross step R over L, step L back squaring to (6 o'clock), step R side

&4& Cross step L over R, turning ¼ left step R back, turning ½ left step L forward

5&6 Step R forward, pivot ¼ left, cross step R over L

7&8 Step L side, pivot ¼ right, step L forward (9 o'clock)

RESTARTS: LIFT UP R KNEE & RESTART HERE wall 1 (9 o'clock) & wall 6 (6 o'clock)

[25-32] □ R fwd, L fwd rock/recover, L sweep & behind-side-cross, R side rock/recover, R behind, ¼ L & L fwd, R fwd, ¼ L pivot, R fwd, ½ L pivot, R fwd rock/recover

&1-2 Step R forward, rock L forward, recover weight on R

&3&4& Sweep/step L behind R, step R side, cross step L over R, rock right side, recover weight on L

5& Cross step R behind L, turning ¼ left step L forward (6 o'clock)

6& Step R forward, pivot ¼ left (3 o'clock)

7& Step R forward, pivot ½ left (9 o'clock)

8& Rock R forward, recover weight on L

ENDING..... 7&8&.....

Dance up to and including count 14 and execute 2 right pivot turns to face front wall and strike a pose! (Do these pivots however you like as long as you end up facing the front □)

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