Real Bad Things



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Anne Herd (AUS) - July 2014

音樂: Bad Things - Jace Everett: (CD: True Blood Original Soundtrack - iTunes - 2:49)



Intro: Start on main lyrics, approx. 16 beats in weight on L - Moving CCW

Side Behind, ¼ Turn, ¼ Turn, Hitch, Vine, Scuff

1-2-3-4 Step R to side, Cross L behind R, Turn ¼ R, Step R to side, Turn ¼ R, Hitch L.

5-6-7-8 Step L to side, Cross R behind L, Step L to side, Scuff R forward (6:00)

Touch, Heel Bounce, Heel Twists, Touch

1-2-3-4 Touch R toe forward. Bounce heels twice

5-6-7-8 Twist R foot in towards L foot, Toe, Heel, Toe, Touch R beside L

Step, Touch, Step, Scuff, Toe Struts

1-2-3-4 Step back on R, Touch L beside R, Step forward on L, Scuff R forward

5-6-7-8 Touch R toe forward, Drop heel to floor, Touch L toe forward, and Drop heel to floor

Side Rock, Back Rock, Vine Right, 1/4 Turn, Scuff

1-2-3-4 Rock R to side, Recover to L, Rock back on R, Recover to L

5-6-7-8 Step R to side, Cross L behind R, Turn ¼ R, Scuff L forward (9:00)

Step, Hold, Rock Back, Step, Hold, Rock Back

1-2-3-4 Step L to side, Hold, Rock back on R, Recover to L 5-6-7-8 Step R to side, Hold, Rock back on L, Recover to R

Side, Behind, 1/4 Turn, Scuff, Side Touch, Side Touch

1-2-3-4 Step L to side, Cross R behind L, Turn ¼ L, Scuff R forward

5-6-7-8 Turn ¼ L, Step R to side, Touch L beside R, Step L to side, Touch R beside L (3:00)

Step, Heel Swivels, Hold, Heel Swivels, Hold

1-2-3-4 Step R to side, with weight on the balls of both feet, swivel both heels to the R, Swivel both

toes to R, Hold

5-6-7-8 With weight on the balls of both feet, swivel both heels to the L, Swivel both toes to R, swivel

both heels to the L, Hold (Styling: Clap on holds)

Heel Grind ¼, Rock Recover, Heel Grind ¼, Rock Recover

1-2-3-4 Touch right heel forward, grind heel as you turn ½ right (weight on left), Rock back on R,

Recover to L

5-6-7-8 Touch right heel forward, grind heel as you turn ¼ right, Rock back on R, Recover to L

[64] Begin dance again□

Note: This dance is probably more of an Upper Improver. It's not fast but as it does have a few direction changes so I decided to level it intermediate.

Can also be used as a split floor with my Beginner dance Bad Things to the same song.

Contact: anneherd@bigpond.com

Last Update - 24th July 2014