

My God

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sobrielo Philip Gene (SG) - July 2014
音樂: My God - Scooter Lee



[1-8] KNEE POPS, VINE RIGHT

1-2 Lift both heels up popping knees forward (1) bring heels down (2)
3-4 Repeat steps 1-2 (3,4)
5-6 Step right to right (5), step left behind right (6)
7-8 Step right to right (7), touch left beside right (8) (12:00)

[9-16] VINE LEFT, KNEE POPS

1-2 Step left to left (1), step right behind left (2)
3-4 Step left to left (3), STEP right beside left (4)
5-6 Lift both heels up popping knees forward (5) bring heels down (6)
7-8 Repeat steps 5-6 (7,8) (12:00) (weight on Left)

[17-24] SIDE ROCK, CROSS SHUFFLE

1-2 Rock right to right (1), recover weight onto left (2)
3&4 Cross right over left (3), step left slightly to left (&), cross right over left (4)
5-6 Rock left to left (5), recover weight onto right (6)
7&8 Cross left over right (7), step right slightly to right (&), cross left over right (8) (12:00)

[25-32] STEP SIDE TOUCH, 3 times 1/4 STEP TOUCHES

1-2 Step right to right (1), touch left beside right (2)
3-4 Making 1/4 left step left to left(3), touch right beside left(4) (9:00)
5-6 Making 1/4 left step right to right(5), touch left beside right(6)(6:00)
7-8 Making 1/4 left step left to left(7), touch right beside left(8) (3:00)

* Restart here on wall 3

[33-40] SIDE SHUFFLE ROCK BACK

1&2 Step right to right (1), step left beside right (&), step right to right (2)
3-4 Rock left back (3), recover weight onto right (4)
5&6 Step left to left (5), step right beside left (&), step left to left (6)
7-8 Rock right back (7), recover weight onto left (8) (3:00)

[41-48] PIVOT 1/2, PIVOT 1/2, STOMP TWIST

1-2 Step right forward (1) turn 1/2 left and transfer weight onto left (2) (9:00)
3-4 Step right forward (3) turn 1/2 left and transfer weight onto left (4) (3:00)
5-6 Clap (5), stomp right forward (6)
7&8 Twist right foot to right (7), left (&), right (8)

NOTE: Weight remains on left

[49-56] LOCK STEP TOUCH, LOCK STEP TOUCH

1-4 Step right diagonally forward (1), step left behind right(2),step right forward(3), TOUCH left beside right(4)
5-8 Step left diagonally forward (5), step right behind left (6), step left forward (7), TOUCH right beside left(8)

[57-64] STEP BACK KICK, SLOW COASTER STEP TOGETHER

1-2 Step right back (1), Kick left forward (2)
3-4 Step left back (3), kick right forward (4)
5-6 Step right back (5), step left beside right (6)

7-8 step right forward (7), step left beside right.

Restart on wall 3: Dance 32 counts of the dance and Restart the dance.

Tag: ON Wall 5 (12.00)

DIAGONALLY WALK FORWARD, WALK BACK 1/4 TURNS

1-4 Walk diagonally forward right, left, right, kick left forward (1.30)

5-6 Walk diagonally back left, right

7-8 Step left back making 1/4 turn left, touch right beside left (10.30)

1-4 Walk diagonally forward right, left, right, kick left forward (10.30)

5-6 Walk diagonally back left, right

7-8 Step left back making 1/4 turn left, touch right beside left (7.30)

1-4 Walk diagonally forward right, left, right, kick left forward (7.30)

5-6 Walk diagonally back left, right

7-8 Step left back making 1/4 turn left, touch right beside left (4.30)

1-4 Walk diagonally forward right, left, right, kick left forward (4.30)

5-6 Walk diagonally back left, right

7-8 Step left back making 1/8 turn RIGHT, touch right beside left (6.00)

Contact: sphilipg@hotmail.com (email), sphilipg.webs.com (website)
