

Once Upon A Dream

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Beginner / Improver Waltz
編舞者: Sobrielo Philip Gene (SG) - July 2014
音樂: Once Upon a Dream - Lana Del Rey : (Album: Maleficent Soundtrack)



Note: Start dance facing 1.30 wall (diagonally right)
Start on vocals (approx. 19 seconds)

[1-6] BASIC WALTZ FORWARD, BACK BASIC (RIGHT DIAGONAL)

1-3 Step left forward (1), step right beside left (2), step left beside right (3) (1.30)
4-6 Step right back (4), facing back to 12.00 step left beside right (5), step right beside left(6)(12.00)

[7-12] BASIC WALTZ FORWARD, BACK BASIC (LEFT DIAGONAL)

1-3 Turning 1/8 to left step left forward (1), step right beside left (2), step left beside right (3) (10.30)
4-6 Step right back (4), facing back to 12.00 step left beside right (5), step right beside left(6) (12.00)

[13-18] FORWARD BASIC WITH ½ TURN LEFT, BACK BASIC

1-3 Left stride forward(1); right step forward turning ½ left(2); left step back(3) (6:00)
4-6 Right stride back(4); left together(5); right step beside left(6)

[19-24] FORWARD BASIC WITH ½ TURN LEFT, BACK BASIC

1-3 Left stride forward(1); right step forward turning ½ left(2); left step back(3) (12:00)
4-6 Right stride back(4); left together(5); right step beside left(6)

[25-30] LEFT TWINKLE, CROSS 1/2 TURN

1-3 Cross left over right (1), Rock right to right (2) recover weight onto left (3)
4-6 Cross right over left (4), making 1/4 right step left back(5), making 1/4 right step right to right (6) (6.00)

[31-36] LEFT TWINKLE, CROSS 1/2 TURN

1-3 Cross left over right (1), Rock right to right (2) recover weight onto left (3)
4-6 Cross right over left (4), making 1/4 right step left back(5), making 1/4 right step right to right (6) (12.00)

[37-42] FORWARD ROCK 1/2 TURN, 1/4 SIDE ROCK CROSS

1-3 Rock left forward (1), recover weight onto right(2), making 1/2 left step left forward(3) (6.00)
4-6 Making 1/4 left rock right to right(4), recover weight onto left (5), cross right over left(6) (3.00)

[43-48] WEAVE, CROSS ROCK, 1/8 STEP

1-3 Step left to left(1), step right behind left (2), step left to left(3)
4-6 Cross rock right over left(4), recover weight onto left(5), step right 1/8 to right(6) (4.30)

Start again..

No Tags, No Restarts: There are parts that may make you feel you should Restart the dance but DON'T, just go on with the dance.

Contact: sphilipg@hotmail.com (email), sphilipg.webs.com (website)