

Heaven In My Heart

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Rep Ghazali (SCO) - July 2014
音樂: I Hold In My Heart - Jonathan Pierce : (iTunes)



32 count intro, start on vocals

Restarts: 4th and 9th wall dance up to count 24 and restart

[01-08] R SIDE-L ROCK BEHIND-RECOVER R, L SIDE-R BEHIND, L TOUCH ACROSS-L 1/4 TURN L, TRIPLE FULL TURN L, L STEP FWD

1-2& big step Right to Right side, rock Left behind Right, recover on Right
3-4 step Left to Left side, step Right behind Left
&5 touch Left across Right, ¼ turn Left by stepping forward Left (9)
6&7 triple step full turn Left by stepping Right-Left-Right (travelling forward)

Non Turner- shuffle forward Right

8 step forward Left

[09-16] R MAMBO FWD, L COASTER CROSS, R SIDE MAMBO CROSS, L TRIPLE WALK AROUND ¾ TURN L

1&2 rock forward Right, recover on Left, step back Right
3&4 step back Left, step Right together, cross Left over Right
5&6 rock Right to Right side, recover on Left, cross Right over Left
7&8 triple walk around ¾ turn Left by walking Left-Right-Left (12)

[17-24] SWAY R-SWAY L, R ¼ TURN SHUFFLE, L CROSS-R BACK, & PRISSY WALK R & L

1-2 sway Right to Right side, sway Left to Left side
3&4 step Right to Right side, step Left together, ¼ turn Right by stepping forward on Right (3)
5-6 cross Left over Right, step back Right
&7-8 step Left together, cross walk forward Right over Left, cross walk forward Left over Right

Restarts; 4th wall (restart facing 12 o'clock) and 9th Wall (restart facing 3 o'clock)

[25-32] R SWEEP CROSS-L ¼ TURN R-R SIDE, L SWEEP CROSS-R ¼ TURN L-L SIDE, SYNCOPATED R JAZZ BOX TOUCH

1&2 sweep Right from side to front and step Right across Left, ¼ turn Right by stepping back on Left, step Right to Right side (6)
3&4 sweep Left from side to front and step Left across Right, ¼ turn Left by stepping back on Right, step Left to Left side (3)

Steps 1-4 travelling back

5-6 cross Right over Left, step back Left
&7-8 step Right to Right side, cross Left over Right, touch Right together