

See About Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Sue Smyth (UK) & Caroline Cooper (UK) - July 2014
音樂: Come See About Me - Clare Bowen & Chaley Rose : (From Nashville)



Intro : 16 Count,(Start On Word Crying)

Sec 1: □ R ¼ TURN HEEL GRIND, R COASTER STEP, LEFT ¼ TURN HEEL GRIND, LEFT COASTER STEP

1-2 right heel grind making ¼ turn right, step weight on left
3&4 right coaster step
5-6 left heel grind making ¼ turn left, step weight on right
7&8 left coaster step (4 count tag + 2nd restart 6 o'clock)

Sec 2: □ ROCK FWD, SHUFFLE ½ TURN R, TOE STRUT ½ TURN RIGHT, ROCK ¼ TURN RIGHT, RECOVER = (3/4 TURN)

1-2 rock fwd on right, recover on left,
3&4 shuffle ½ turn right, R L R (6 o'clock)
5-6 step left toe back ½ turn right, placing weight on left (12 o'clock)
7-8 rock ¼ turn right, recover weight on left (9 o'clock)

Sec 3: □ RIGHT CROSS SIDE SAILOR STEP, LEFT CROSS SIDE SAILOR STEP

1-2 cross right over left, step left to left side
3&4 step right behind left, step left to left side, step right to right side
5-6 cross left over right, step right to right side
7&8 step left behind right, step right to right side, step left to left side (1st restart 9 o'clock)

Sec 4: □ STEP KICK LEFT, LEFT SHUFFLE BACK, ROCK BACK REC, POINT RIGHT & POINT LEFT &

1-2 step fwd on right kick left fwd
3&4 shuffle back on L R L
5-6 rock back on right recover on left
7&8& point right to right side, step right beside left, point left to left side, step left beside right.

Restart 1: on wall 3 facing 9 o'clock, after sec 3 (left sailor step)

TAG: 4 count Tag on wall 7 facing 6 o'clock after sec 1

1-4 right jazz box

(and then) RESTART 2:

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