

Qingchun Liange

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Tina Chen Sue-Huei (TW) - July 2014
音樂: Qingchun Liangen by Sun Jianping



Start dance on lyrics. - No Restart & No Tag

S1. R Shuffle, Rock Recover, ¼ Turns, Cross Shuffle

1&2 Right shuffle on RLR
3-4 Back rock L, recover on R
5-6 Making ¼ turn left, step fwd on L, making ¼ turn left, side step on R (6.00)
7&8 Cross shuffle on LRL

S2. R Shuffle, ¼ Shuffle Turns (3X)

1&2 R shuffle on RLR (6.00)
3&4 Making a ¼ turn left, L shuffle on LRL (3.00)
5&6 Making a ¼ turn left, R shuffle on RLR (12.00)
7&8 Making a ¼ turn left, L shuffle on LRL (9.00)

S3. R Kicks, R Sailor Step, L Kicks, L Sailor Step

1-2 Kick R diagonally out left right
3&4 R sailor step on RLR
5-6 Kick L diagonally out right left
7&8 L sailor step on LRL

S4. ½ Turn Shuffle & Rock Recover (2X)

1&2 Making a ½ turn left, turn shuffle on RLR
3-4 Rock L back, recover on R
5&6 Making a ½ turn right, turn shuffle on LRL
7-8 Rock R back, recover on L

S5. R Shuffle, Rock Recover, Side Behind, Side Cross & Side

1&2 R shuffle on RLR
3-4 Rock L back, recover on R
5-6 Side step on L, step R behind L
&7-8 Side step on L, cross R over L, side step on L

S6. Rock Recover, Fwd Shuffle, Rock Recover, Back Shuffle

1-2 Back rock on R, recover on L
3&4 Fwd shuffle on RLR
5-6 Fwd rock on L, recover on R
7&8 Back shuffle on LRL

S7. Rock Recover, Kick Ball Change, Jazz Box Cross

1-2 Back rock on R, recover on L
3&4 Kick ball change on RLR
5-8 Jazz box cross on LRLR

S8. Rock Recover ¼ Turn, Rocking Chair

1-2 Rock fwd on R, recover on L
3-4 Making a ¼ turn left, rock back on R, recover on L
5-6 Rock fwd on R, recover on L

7-8 Rock back on R, recover on L

Happy dancing!

Contact: sh3385@gmail.com
