

# The Flame

拍數: 64      牆數: 0      級數: Intermediate  
編舞者: Robert Lindsay (UK) - July 2014  
音樂: La Llama – Chrice Ice - Explosión Latina - el Mejor Latin Pop



## Intro – 64 Count Intro – 15 seconds – still instrumental

### [1-8] Cross Rock, Side Rock, Back Rock, Chasse Right

1-2            Rock right across in front of left. Recover weight onto left.  
3-4            Rock right to right. Recover weight onto left.  
5-6            Rock right back behind left. Recover weight onto left.  
7&8           Step right to right side. Step left beside right. Step right to right side.

### [9-16] □ Cross, Back, Chasse ¼ Turn Left, Turn, Turn, Shuffle Forward

1-2            Step left over in front of right. Step back on right.  
3&4           Step left to left side. Step right beside left. Turning 1/4 turn left, step forward left.  
5-6           Turning ½ turn left, step back on right. Turning ½ turn left, step forward on left.  
7&8           Step forward right. Step left beside right. Step forward right.

### [17-24] Cross Rock, Side Rock, Back Rock, Chasse Left

1-2            Rock left across in front of right. Recover weight onto right.  
3-4            Rock left to left. Recover weight onto right.  
5-6            Rock left back behind right. Recover weight onto right.  
7&8           Step left to left side. Step right beside left. Step left to left side.

### [25-32] Paddle 1/8 Turn Left X2, Cross, Side, Behind, Point

1-2            Stepping forward on right, paddle 1/8 turn left, rolling hips.  
3-4            Stepping forward on right, paddle 1/8 turn left, rolling hips  
5-6            Step right over in front of left. Step left to left side.  
7-8            Step right behind left. Touch left out to left side.

### [33-40] Left Shuffle, Right Shuffle, Side Mambo Left and Right

1&2           Step forward left. Step right beside left. Step forward left.  
3&4           Step forward right. Step left beside right. Step forward right.  
5&6           Rock left to left side. Recover weight onto right. Step left beside right.  
7&8           Rock right to right side. Recover weight onto left. Step right beside left.

### [41-48] Step Forward & Pivot ¼ Turn Right X2, Cross, Point, Back, Point

1-2            Step forward on left. Pivot ¼ turn right.  
3-4            Step forward on left. Pivot ¼ turn right.  
5-6            Step left over right. Point right foot diagonally forward right.  
7-8            Step back on right. Point left foot diagonally back left.

### [49-56] Step, ¼ Sweep Left, Right Shuffle Forward, Switch L,R,L, Hitch Left

1-2            Step left over right. Turning ¼ turn left sweep right foot from back to front.  
3&4           Step forward right. Step left beside right. Step forward right.  
5&6           Touch left to left side. Step left beside right. Touch right to right side.  
&7-8          Step right beside left. Touch left to left side. Hitch left.

### [57-64] Step Touch, Back Kick, Left Coaster Step, Pivot ½ Turn Left

1-2            Step forward on left. Touch right to left.  
3-4            Step back on right. Kick left forward.

5&6 Step back on left. Step right beside left. Step forward on left.  
7-8 Step forward right. Pivot ½ turn left.

Contact: [robertmlindsay@hotmail.com](mailto:robertmlindsay@hotmail.com)

---