

The Flame

拍數: 64 牆數: 0 級數: Intermediate
編舞者: Robert Lindsay (UK) - July 2014
音樂: La Llama – Chrice Ice - Explosión Latina - el Mejor Latin Pop



Intro – 64 Count Intro – 15 seconds – still instrumental

[1-8] Cross Rock, Side Rock, Back Rock, Chasse Right

1-2 Rock right across in front of left. Recover weight onto left.
3-4 Rock right to right. Recover weight onto left.
5-6 Rock right back behind left. Recover weight onto left.
7&8 Step right to right side. Step left beside right. Step right to right side.

[9-16] □ Cross, Back, Chasse ¼ Turn Left, Turn, Turn, Shuffle Forward

1-2 Step left over in front of right. Step back on right.
3&4 Step left to left side. Step right beside left. Turning 1/4 turn left, step forward left.
5-6 Turning ½ turn left, step back on right. Turning ½ turn left, step forward on left.
7&8 Step forward right. Step left beside right. Step forward right.

[17-24] Cross Rock, Side Rock, Back Rock, Chasse Left

1-2 Rock left across in front of right. Recover weight onto right.
3-4 Rock left to left. Recover weight onto right.
5-6 Rock left back behind right. Recover weight onto right.
7&8 Step left to left side. Step right beside left. Step left to left side.

[25-32] Paddle 1/8 Turn Left X2, Cross, Side, Behind, Point

1-2 Stepping forward on right, paddle 1/8 turn left, rolling hips.
3-4 Stepping forward on right, paddle 1/8 turn left, rolling hips
5-6 Step right over in front of left. Step left to left side.
7-8 Step right behind left. Touch left out to left side.

[33-40] Left Shuffle, Right Shuffle, Side Mambo Left and Right

1&2 Step forward left. Step right beside left. Step forward left.
3&4 Step forward right. Step left beside right. Step forward right.
5&6 Rock left to left side. Recover weight onto right. Step left beside right.
7&8 Rock right to right side. Recover weight onto left. Step right beside left.

[41-48] Step Forward & Pivot ¼ Turn Right X2, Cross, Point, Back, Point

1-2 Step forward on left. Pivot ¼ turn right.
3-4 Step forward on left. Pivot ¼ turn right.
5-6 Step left over right. Point right foot diagonally forward right.
7-8 Step back on right. Point left foot diagonally back left.

[49-56] Step, ¼ Sweep Left, Right Shuffle Forward, Switch L,R,L, Hitch Left

1-2 Step left over right. Turning ¼ turn left sweep right foot from back to front.
3&4 Step forward right. Step left beside right. Step forward right.
5&6 Touch left to left side. Step left beside right. Touch right to right side.
&7-8 Step right beside left. Touch left to left side. Hitch left.

[57-64] Step Touch, Back Kick, Left Coaster Step, Pivot ½ Turn Left

1-2 Step forward on left. Touch right to left.
3-4 Step back on right. Kick left forward.

5&6 Step back on left. Step right beside left. Step forward on left.
7-8 Step forward right. Pivot ½ turn left.

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