

# Clean Up Woman

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Rémy de Beaumont (NL) - July 2014  
音樂: Clean Up Woman - Betty Wright



The dance starts after 24 counts

## Step right, touch left, left coaster step, right side rock, cross, chassé left

1-2                      RF long step to right side, LF touch next to RF  
3&4                      LF step back, RF step back on ball foot next to LF, LF step forward  
5&6                      RF rock to right side, weight back on LF, RF cross over LF  
7&8                      LF step to left side, RF step next to LF, LF step to left side

## Right sailor step ¼ right, left step lock step, right step lock step, left mambo step forward

1&2                      RF sweep behind LF with ¼ step turning right, LF step next to RF, RF step forward  
3&4                      LF step diagonal left forward, RF lock behind LF, LF step diagonal left forward  
5&6                      RF step diagonal right forward, LF lock behind RF, RF step diagonal right forward  
7&8                      LF rock forward, weight back on RF, LF step next to RF

## Right back lock back, left back lock back, touch back, ½ turn right, cross shuffle

1&2                      RF step back behind LF, LF lock before RF, RF step back behind LF  
3&4                      LF stap achter RV, RF lock voor LV, LF stap achter  
5-6                      RF touch toe behind LF, weight on LF and toe RF making ½ turn to right side  
7&8                      LF cross over RF, RF step to right side, LF cross over RF

## Step right back 1/4 turn left, step left beside, Cross shuffle, Weave left, Side rock cross

1-2                      RF step back making ¼ turn left, LF step next to RF  
3&4                      RF cross over LF, LF step to left side, RF cross over LF  
5&6&                      LF step to left side, RF step behind LF, LF step to left side, RF cross over LF  
7&8                      LF rock to left side, weight RF, LF cross over RF\*\*\*restartpoint

## Side rock right, weave left, side rock left, weave right

1-2                      RF rock to right side, weight back on left foot  
3&4                      RF step behind LF, LF step to left side, RF cross over LF  
5-6                      LF rock to left side, weight back to RF  
7&8                      LF step behind RF, RF step to ride side, LF cross over RF

## Right rock forward, Recover, Coaster step, , Cross & cross &, Cross shuffle

1-2                      RF rock forward , weight back on LF  
3&4                      RF step back , LF step back on ball foot next to RF, RF step forward  
5&6&                      LF cross over RF, RF step to right side, LF cross over RF, RF step to right side  
7&8                      LF cross over RF, RF step to right side, LF cross over RF

Begin opnieuw

\*\*\*Restart in 3e wall after count 32

End the dance after count 44 with: sailor 1/2 right

Much pleasure

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