

Words

拍數: 40 牆數: 4 級數: Improver / Intermediate
編舞者: Darren Mitchell (AUS) - July 2008
音樂: Words - F.R. David : (Album: Clasicos De Los 80's.)



(Intro: 16 counts)

PIVOT TURN, SHUFFLE FORWARD, SIDE, ROCK, BEHIND-SIDE-ACROSS

1,2 Pivot: step R forward, turn 180 degrees left take weight onto left,
3&4 Shuffle forward: R-L-R,
5,6 Step L to the side, side rock onto right,
7&8 Step L behind right, step R to the side, step L across in front of right. (6 o'clock)

SIDE, ROCK, HINGE ½ TURN SIDE SHUFFLE, HINGE ¾ TURN SHUFFLE, PADDLE TURN

1,2 Step R to the side, side rock onto left,
3&4 Turn 180 degrees right side shuffle to the right: R-L-R, (12 o'clock)
5&6 Turn 270 degrees left shuffle forward: L-R-L, (3 o'clock)
7,8 Paddle: step R forward, turn 90 degrees left take weight onto left. (12 o'clock)

ACROSS, SIDE, SAILOR STEP, ACROSS, SIDE, SAILOR STEP

1,2 Step R across in front of left, step L to the side,
3&4 Sailor: step R behind left, step L to the side, side rock onto right,
5,6 Step L across in front of right, step R to the side,
7&8 Sailor: step L behind right, step R to the side, step L to the side. *** (12 o'clock)

ACROSS, ¼ TURN, ½ TURN SHUFFLE, PIVOT TURN, SHUFFLE FORWARD

1,2 Step R across in front of left, turn 90 degrees right step L back, (3 o'clock)
3&4 Turning 180 degrees right shuffle forward: R-L-R, (9 o'clock)
5,6 Pivot: step L forward, turn 180 degrees right, take weight onto right, (3 o'clock)
7&8 Shuffle forward: L-R-L.

FORWARD, FORWARD, COASTER FORWARD, BACK, BACK, COASTER STEP

1,2 Step R forward, step L forward,
3&4 Coaster forward: step R forward, step L together, step R back,
5,6 Step L back, step R back,
7&8 Coaster: step L back, step R together, step L forward.

[40] REPEAT

Tag: at the end of walls 3 & 5 add the following 4 count tag

1,2 Pivot: step R forward, turn 180 degrees left take weight onto left,
3,4 Pivot: step R forward, turn 180 degrees left take weight onto left.

Restart: on walls 6 & 8 dance to count 24 (***) then Restart dance from the beginning.

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