Bachata Basic

拍數: 56

級數: Improver

編舞者: Bobo Chiu (CAN) - July 2014

音樂: La Avispa - Zacarías Ferreira

Intro: 56 count

Note: Restart on wall 6 dance up to count 36 (facing 9:00)

(1-8): Bachata Basic to Left With Bump and Right with Bump

123&4Step LF to side, Closed RF to L, Step LF to side, Touch RF beside L then hip bump to R567&8Step RF to side, Closed LF to R, Step RF to side, Touch LF beside R then hip bump to L

(9-16): Rolling Vine To L With Touch Bump And Rolling To R With Touch Bump

- 123 1/4L stepping fwd on LF, 1/2L stepping back on RF, 1/4L stepping LF to L
- &4 Touch RF beside L then hip bump to R
- 567 1/4R stepping fwd on RF, 1/2R stepping back on LF, 1/4L stepping RF to R
- &8 Touch LF beside R then hip bump to L

(17-24): Bachata Basic 3 Forward Steps With Bump & 3 Backward Steps Bump

123&4 Step forward (L&R&L) Touch RF beside L then hip bump to R

567&8 Step Backward (R&L&R) Touch LF beside R then hip bump to L

(25-32): Step Forward, Touch Beside (2x) Dip bumps (L,R,L,R)

1234Step L/F forward, Touch R/F beside L, Step R/F forward, Touch L/F beside R5678Bumps (L&R&L&R in place)

(33-40): Step Diagonal Forward, Touch with Shimmy and Diagonal Back Touch with Shimmy (2x)

- 12 Step LF diagonal forward (11:30), Touch RF beside L (shimmy)
- 34 Step RF diagonal Backward (4:30), Touch LF beside R (shimmy)

"Restart here on wall 6 - after 36 count"

5678 (Repeat count 33-36)

(41-48): Step Forward, 1/4 Turn L with Hitch RF, Together, Hitch LF, Bachata Basic To L

- 1234 Step LF forward, Make 1/4 turn L with hitch RF, Closed RF to L...Then hitch LF
- 567&8 Step LF to side, Closed RF to L, Step LF to side, Touch RF beside L then hip bump to R

(49-56): 3 Forward Steps, Kick, 3 Backward Steps, Together Foot Change

- 1234 Step forward (R&L&R), Kick LF forward
- 5678 Step backward (L&R&L) Closed RF to L (end weight on RF)

Enjoy!!!

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牆數:4