

Witches of Love (愛的女巫) (zh)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Nina Chen (TW) - 2014年07月
音樂: STERGHE D'AMORE (Bongiorno - Noceto - Fabbri - Raspolini) and editions
Ladyland by Antonella Noceto



Sequence: A A B A A B A B A A B
Start: 8 count of humming followed by 32 count intro

Section A (32 counts)

A1. SIDE BESIDE - FORWARD TOUCH . X 2

1-4 Step RF to R - Step LF beside RF - Step RF forward - Touch LF beside RF
5-8 Step LF to L - Step RF beside LF - Step LF forward - Touch RF beside LF
1-4 右足右踏 - 左足併踏右足旁 - 右足前踏 - 左足併點右足旁
5-8 左足左踏 - 右足併踏左足旁 - 左足前踏 - 右足併點左足旁

A2. SIDE BESIDE – SIDE TOUCH – 1/4 TURN LEFT SIDE BESIDE – SIDE TOUCH

1-4 Step RF to R - Step LF beside RF - Step RF to R - Touch LF beside RF
5-8 1/4 Turn left (9:00) Step LF to L - Step RF beside LF - Step LF to L - Touch RF beside LF
1-4 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足併點右足旁
5-8 左轉1/4 (9:00) 左足左踏 - 右足併踏左足旁 - 左足左踏 - 右足併點左足旁

Optional hand movements: Please refer to the demonstration video.

(1-4 Right hand up, left touching right elbow; 5-8 Left hand up, right touching left elbow.)

自由選取手部動作: 請參考示範視頻.

(1-4右手上舉 左臂於胸前平舉, 5-8 左手上舉 右臂於胸前平舉)

A3. PADDLE TURN 1/8 LEFT. X2 - CROSS MAMBO. X 2

1-4 Step RF forward - Pivot turn 1/8 left (7:30) - Step RF forward - Pivot turn 1/8 left (6:00)
5&6 Cross RF over L - Recover onto LF - Step RF to R
7&8 Cross LF over R - Recover onto RF - Step LF to L
1-4 右足前踏 - 右足向左踏轉1/8 (7:30) - 右足前踏 - 右足向左踏轉1/8 (6:00)
5&6 右足前交叉步 - 重心回左足 - 右足右踏
7&8 左足前交叉步 - 重心回右足 - 左足左踏

A4. ROCK BACK – TOUCH TOE – STEP FORWARD - TOUCH TOE – ROCK BACK – TOUCH TOE – STEP FORWARD - 1/2 TURN LEFT TOUCH

1-2 Rock RF back - Touch L toe forward RF
3&4 Rock LF forward - Touch R toe behind LF(quickly) twice
5-6 Rock RF back - Touch L toe forward RF
7-8 Rock LF forward – 1/2 turn left on ball of LF (12:00) Touch R toe beside LF
1-2 右足後下沉步 - 左足足尖點於右足前
3&4 左足前下沉步 - 右足足尖於左足後(快)點兩次
5-6 右足後下沉步 - 左足足尖點於右足前
7-8 左足前踏 - (重心在左足掌)左轉1/2 (12:00)右足足尖點於左足旁

Optional hand movements: Please refer to the demonstration video. (Right hand up, left touching right elbow)

自由選取手部動作: 請參考示範視頻. (右手上舉 左臂於胸前平舉)

Section B (32 counts)

B1. SAMBA LOCKS DIAGONALLY WITH OPTIONAL ARM STYLING. X2

1a2a Step RF diagonally forward - Lock LF behind RF - Step RF diagonally forward - Lock LF behind RF

- 3a4 Step RF diagonally forward - Lock LF behind RF - Step RF diagonally forward (1:30)
 5a6a Step LF diagonally forward - Lock RF behind LF - Step LF diagonally forward - Lock RF behind LF
 7a8 Step LF diagonally forward - Lock RF behind LF - Step LF diagonally forward (10:30)
 1a2a 右足向右斜前方踏 - 左足鎖踏於右足後 - 右足向右斜前方踏 - 左足鎖踏於右足後
 3a4 右足向右斜前方踏 - 左足鎖踏於右足後 - 右足向右斜前方踏 (1:30)
 5a6a 左足向左斜前方踏 - 右足鎖踏於左足後 - 左足向左斜前方踏 - 右足鎖踏於左足後
 7a8 左足向左斜前方踏 - 右足鎖踏於左足後 - 左足向左斜前方踏 (10:30)

B2. CROSS SAMBA – 1/4 TURN LEFT CROSS SAMBA - CROSS SAMBA - CROSS SAMBA - 1/2 TURN LEFT CROSS SAMBA

- 1a2 Cross RF over LF - Rock LF to L - Recover onto RF
 3a4 1 /4 turn left (9:00) Cross LF over RF - Rock RF to R - Recover onto LF
 5a6 Cross RF over LF - Rock LF to L - Recover onto RF
 7a8 1/4 turn left (6:00) Cross LF over RF - Rock RF to R - Recover onto LF
 1a2 右交叉森巴步 (右足交叉於左足前 - 左足左下沉 - 右足回復)
 3a4 左轉 1/4 (9:00) 左交叉森巴步 (左足交叉於右足前 - 右足右下沉 - 左足回復)
 5a6 右交叉森巴步 (右足交叉於左足前 - 左足左下沉 - 右足回復)
 7a8 左轉 1/4 (6:00) 左交叉森巴步 (左足交叉於右足前 - 右足右下沉 - 左足回復)

B3. 1/4 TURN LEFT ROCK RECOVER - TRAVELING VOLTA – ROCK RECOVER – CROSS SHUFFLE

- 1a2a 1 /4 turn left (3:00) Rock RF to R – Recover onto LF - Cross RF over LF
 Step LF to side and slightly back
 3a4 Cross RF over LF - Step LF to side and slightly back - Cross RF over LF
 5-6 Rock LF to L - Recover onto RF
 7&8 Cross shuffle on L, R, L
 1a2a 左轉 1/4 (3:00) 右足右下沉 - 重心回左足 - 右交叉於左足前 - 左足踏於稍後方
 3a4 右交叉於左足前 - 左足踏於稍後方 - 右交叉於左足前
 5-6 左足左下沉 - 重心回右足
 7&8 左足前交交換步(左右左)

B4. SAMBA WHISKS VOLTA SPOT TURN 3/4 R - SAMBA WHISKS VOLTA SPOT TURN 3/4 L

- 1&2&3&4 Continuous Volta Spot Turn R (R,L,R,L,R,L,R) (12:00)
 5&6&7&8 Continuous Volta Spot Turn L (L,R,L,R,L,R,L) (3:00)
 1&2&3&4 連續墊步向右轉3/4 (右左右左右左右) (12:00)
 5&6&7&8 連續墊步向左轉3/4 (左右左右左右左) (3:00)

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com
