# Injit Injit Semut

拍數: 64

級數: Phrased Beginner

編舞者: BM Leong (MY) - July 2014

音樂: Injit Injit Semut - The Mercy's

## SOD: AABB/AABBB

Start the dance after 16 counts on the second "jalan" of lyrics.

## (A)-32 counts

#### RIGHT DIAGONAL SHOOP, TOUCH, LEFT SIDE MAMBO-TOUCH, HOLD

- Along the right diagonal step R forward, step L beside R, step R forward, touch L together 1-4
- 5-8 Step L to left side, recover onto R, touch L together, hold

## LEFT DIAGONAL SHOOP, TOUCH, RIGHT SIDE MAMBO-TOUCH, HOLD

- Along the left diagonal step L forward, step R beside L, step L forward, touch R together 1-4
- 5-8 Step R to right side, recover onto L, touch R together, hold

## FORWARD ROCK, BACK CHA CHA, BACK ROCK, TRIPLE 1/2 TURN RIGHT

- 1-2 Rock R forward, recover onto L
- 3&4 Cha cha backward on RLR
- 5-6 Rock L back, recover onto R
- 7&8 Triple 1/2 turn right on LRL

## BACK, TOUCH, BACK, TOUCH, RIGHT & LEFT DIAGONAL FORWARD CHA CHA

- 1-2 Step R back diagonally, touch L together
- 3-4 Step L back diagonally, touch R together
- 5&6 Right diagonal forward cha cha with fist rolls on RLR
- 7&8 Left diagonal forward cha cha with fist rolls on LRL

### (B)- 32 counts

### **HIP BUMPS WITH HAND ACTIONS**

- 1-2 Bump hips to right side twice slapping both buttocks twice
- 3-4 Bump hips to left side twice touching both shoulders with fingers twice
- 5-6 Bump hips right raising hands in v-shape, bump hips left crossing wrists in front of tummy
- Bump hips right opening crossed hands to the sides, bump hips left crossing wrists in front of 7-8 tummy

### RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

- 1-3 Right rolling vine on RLR,
- 4 Touch L together
- 5-6 Step L to left side, cross R behind L,
- 7-8 1/4 turn left step L forward, touch R together

### FORWARD SHIMMY, BACK SHIMMY, A-GO-GO BACK JUMP

- 1-2 Bending forward shimmy shoulders for 2 counts
- 3-4 Bending backward shimmy shoulders for 2 counts
- 5-6 Jump R backward, touch L together (use A-go-go hand actions)
- 7-8 Jump L backward, touch R together (use A-go-go hand actions)

### RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

- 1-3 Right rolling vine on RLR,
- 4 Touch L together
- 5-6 Step L to left side, cross R behind L,





牆數:2

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