

Still The One

拍數: 64 牆數: 2 級數: Improver
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音樂: Still the One - Orleans



Intro : 32 Counts

Sec 1 : Toe strut 2x, chasse R, back, recover.

1-2 R toe fwd, R heel down.
3-4 L toe fwd, L heel down.
5&6 Step R to R side, step L beside R, step R to R side.
7-8 Step L behind R, recover on R.

Sec 2 : Repeat Sec 1 (mirror step).

Sec 3 : Fwd, recover, ¼ R chasse, ¼ L chasse, back, recover.

1-2 Step R fwd, recover on L.
3&4 ¼ turn R step R to R side, step L beside R, step R to R side.
5&6 ¼ turn R step L to L side, step R beside L, step L to L side.
7-8 Step R behind L, recover on L.

Sec 4 : Side toe strut, cross toe strut, chasse, back, recover.

1-2 Step R toe to R side, R heel down.
3-4 Step L toe across R, L heel down.
5&6 Step R to R side, step L beside R, step R to R side.
7-8 Step L behind R, recover on R.

Sec 5 : Repeat Sec 4 (mirror step).

Sec 6 : Walk R-L-R, kick while clapping hands, shuffle back, back, recover.

1-2 Step R fwd, step L fwd.
3-4 Step R fwd, kick L fwd while clapping hands.
5&6 Step back on L, lock R across L, step back on L.
7-8 Step R back, recover on L.

Sec 7 : Kick, touch, kick, cross 2x.

1-2 Kick R diagonal fwd, touch R beside L.
3-4 Kick R diagonal fwd, cross R over L.
5-6 Kick L diagonal fwd, touch L beside R.
7-8 Kick L diagonal fwd, cross L over R.

Sec 8 : Fwd, recover, shuffle back, back, together, fwd, brush.

1-2 Step R fwd, recover on L.
3&4 Step R back, lock L across R, step R back.
5-6 Step L back, Step R next to L.
7-8 Step L fwd, brush R fwd.

Repeat and enjoy !

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