

Astronomic!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Liam Hrycan (UK) - June 2014
音樂: A Sky Full of Stars - Coldplay : (Album: 'Ghost Stories' or single)



INTRO: 32 Counts

NOTE: □ This dance “travels” a lot to the front and back walls. I suggest dancing it in the longest orientation of your dance hall as possible to allow people to take big steps on the last 2 and first 2 counts of the dance, especially when it hits the strong beats at 1:17 and 2:49.

Walk Fwd (R,L), (&) R Side Rock/Recover, R Step Fwd, L Shuffle Fwd, R Fwd Rock/Recover

1,2 Walk forward – R, L
&3,4 Rock R foot to R side, recover weight on to L foot, step R foot forward
5&6 Step L foot forward, step R foot to place beside L, step L foot forward
7,8 Rock R foot forward, recover weight back onto L foot (prep body to turn to the R)

(&) ¼-R Step, L Cross, R Side ¼-R, (¼-R) Chasse L, R Sailor Step, L Behind/Side/Cross

&1 Step R foot back making a ¼ turn to the R (3 o'clock wall), cross step L foot over R
2 Step R foot to R side making a ¼ turn R (6 o'clock wall – prep body to continue turn to the R)
& Complete a ¼ turn to the R with the weight on the R foot (9 o'clock wall)
3&4 Step L foot to L side, step R foot to place beside L, step L foot to L side
5&6 Step R foot behind L, step L foot to L side, step R foot to R side
7&8 Step L foot behind R, step R foot to R side, cross step L foot over R

R Monterey Turn (½-L), L Side Touch/Together/R Side Touch, R Cross/L Back/(&) R Side/L Cross, R Side ¼-R

1,2 Touch R toe to R side, make a ½ turn R on ball of L foot drawing feet together and transferring weight to R foot beside L (3 o'clock wall)
3&4 Touch L toe to L side, step L foot beside R, touch R toe to R side
5,6 Cross step R foot over L, step L foot slightly back and to the side
&7 Step R foot slightly back, cross step L foot over R
8 Step R foot to R side making a ¼ turn R (6 o'clock wall)

L Fwd Rock/Recover, L Triple Step (½-L), R Step/Pivot ½-L, L Full Turn Fwd (R,L)

1,2 Rock L foot forward, recover weight back onto R foot
3&4 Step L foot back making a ¼ turn L (3 o'clock wall), step R foot to place beside L, step L foot to L side making a ¼ turn L (12 o'clock wall)
5,6 Step R foot forward, pivot a ½ turn L (6 o'clock wall – weight ending forward on L foot)
7,8 Complete a full turn L over L shoulder stepping forward – R, L

BEGIN AGAIN

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Liam Hrycan – Creator of Linedancer Magazine Dance of the Year 1999: “Pot Of Gold”
“Pot Of Gold” also nominated for Linedancer Magazine Dance of the Decade 1997-2007

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