

# Slave To The Rhythm

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Wil Bos (NL) & Laura Sway (UK) - June 2014  
音樂: Slave to the Rhythm - Michael Jackson : (Album: XSCAPE)



Start after 96 counts on vocals

## Kick Ball Touch, Shuffle Forward, Forward Rock Recover, Triple $\frac{3}{4}$ Cross

1&2      RF kick forward, RF step beside on ball foot, LF point forward  
3&4      LF step forward, RF step beside, LF step forward  
5-6      RF rock forward, LF recover  
7&8      RF  $\frac{1}{2}$  right and step forward, LF step beside, RF  $\frac{1}{4}$  right and cross over

## Side Rock Recover, Behind, Side, Cross, Scuff Out Out, Hold, Heel Twist

1-2      LF rock side, RF recover  
3&4      LF cross behind, RF step side, LF cross over  
5&6      RF scuff, RF step right forward (out), LF step side (out)  
7&8      hold, RF twist heel in, RF twist heel to centre

## Together, Step Side, Hold, Together, Side Rock Recover Cross, 2x $\frac{1}{4}$ Turn Left, Mambo

&1-2      LF together, RF step side, hold  
&3&4      LF together, RF rock side, LF recover, RF cross over  
5-6      LF  $\frac{1}{4}$  right and step back, RF  $\frac{1}{4}$  right and step forward  
7&8      LF rock forward, RF recover, LF together

## Step Forward, Hold, 2x $\frac{1}{4}$ Heel Bounces, Coaster Step, Kick Ball Touch

1-2      RF step forward, hold  
&3      R+L  $\frac{1}{4}$  left and lift heels, R+L heels down  
&4      R+L  $\frac{1}{4}$  left and lift heels, R+L heels down  
5&6      LF step back, RF close, LF step forward  
7&8      RF kick forward, RF step beside on ball foot, LF point forward

## Press Recover Sweep, Sailor Step, Cross Unwind, Ball Step, Step, Big Step Forward, Drag

1-2      LF rock/press forward, RF recover and sweep LF back  
3&4      LF cross behind, RF step beside, LF step side  
5-6      RF cross behind, R+L  $\frac{1}{2}$  turn right  
&7-8      LF step forward on ball foot, RF step forward, LF big step forward and drag RF

## Small Step Back, Step Forward, Twist $\frac{1}{2}$ Right, Twist $\frac{1}{2}$ Left, Coaster Step, Out Out, Touch

&1-2      RF small step back, LF step forward, hold  
3-3      L+R turn  $\frac{1}{2}$  right on ball feet  
4      L+R turn  $\frac{1}{2}$  left on ball feet  
5&6      LF step back, RF close, LF step forward  
&78      RF step side (out), LF step side (out), RF touch beside

## Point Side, Touch, Kick, Cross, Back, Back, Step Forward, Paddle $\frac{1}{4}$ L x3

1&2      RF point side, RF touch beside, RF kick forward  
3&4      RF cross over, LF step back, RF step slightly back  
5-6      LF step forward, RF  $\frac{1}{4}$  left on ball LF and point side  
7-8      RF  $\frac{1}{4}$  left on ball LF and point side, RF  $\frac{1}{4}$  left on ball LF and point side

## Cross & Heel, & Cross Point, Walk Back x4

1&2 RF cross over, LF step slightly left back , RF dig heel diag. right forward

&3-4 RF together, LF cross over, RF point side

5-8 RF step back, LF step back, RF step back, LF step back

**options 5-8: 'moonwalk', 'knee pops' or 'turns'**

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