

How I Feel

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
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音樂: How I Feel - Flo Rida



Intro: □32 counts

[1-8]□□Walk, Walk, Out, Out, Ball Cross, Side Rock, Behind Side Cross

1-2 step RF fwd, step LF fwd
&3 step RF to R side, step LF to L side
&4 step RF back to center, step LF over RF
5-6 step RF to R side, recover weight onto LF
7&8 step RF behind LF, step LF to L side, step RF over LF

[1-8]□Side Rock Recover, 1/4 Sailor Step, 4 X Walks Forward

1-2 step LF to L side, recover weight onto RF
3&4 step LF behind RF, making 1/4 turn L step RF to R side, step LF fwd (9:00)
5-6 step RF fwd, step LF fwd
7-8 step RF fwd, step LF fwd

[1-8]□Syncopated Jazz Box, Step Tap, 1/4 Turn Step Tap, Hip Bump

1-2 step RF over LF, step LF back
&3-4 step RF to R side, step LF over RF, step RF to R side
5-6 tap LF to RF, making 1/4 turn L step LF fwd (6:00)
7&8 tap RF to LF, lift R hip, recover to neutral

[1-8]□Shuffle Fwd, Rock Recover, 2 X Walks Back, Coaster Step

1&2 Step RF fwd, step LF to RF, step RF fwd
3-4 Step LF fwd, recover weight onto RF
5-6 step LF back, step RF back
7&8 step LF back, step RF to LF, step LF fwd

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