

Silver Soul

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Chris Cleevely (UK) - June 2014
音樂: Silver Lady - David Soul : (Album: Looking Back The Very Best of - single - iTunes)



(Start on vocals)□

Section 1 Counts 1 – 8): Rock Back L, Recover R; Forward L Shuffle; Touch R, Kick R; R Coaster Step

1 - 2 Rock back on L, recover weight on R
3 & 4 Shuffle forward stepping L/R/L
5 - 6 Touch R toe beside L, kick R forward
7 & 8 Step back on R, step L beside R, step forward on R

Section 2 (Counts 9 – 16): ¼ Turn R, Chasse L; Toe Unwind ¼ Turn R; Chasse L; Toe Unwind ¼ Turn R

1 & 2 Making ¼ turn R, chasse left, stepping left/right/left (3 o'clock)
3 - 4 Touch R toe behind L & unwind ¼ turn R, weight on R□(6 o'clock)
5 & 6 Chasse L, stepping left/right/left
7 - 8 Touch R toe behind L & unwind ¼ turn R, weight on R□(9 o'clock)

Section 3 (Counts 17 – 24): Walk Forward L, Walk Forward R; L Mambo Forward; Walk Back R, Walk Back L; Ball Step Back R, Point L toe to L Side, Flick L behind R

1 - 2 Walk forward L, walk forward R
3 & 4 Rock forward L, recover weight on R, step back on L
5 - 6 Walk back R, walk back L
& 7 - 8 Step on R (on the & count), point L toe to L side, flick L behind R

Section 4 (Counts 25 – 32): Point L, Sweep L; ¼ Sailor L; Point R, Flick R; R Back Lock Step

1 - 2 Point L toe to L side, sweep L behind R
3 & 4 Cross L behind R making ¼ turn left, step R to R side, step L to L side□ (6 o'clock)
5 - 6 Point R to R side, flick R behind L
7 & 8 Step back on R, Cross L over R, step back on R

Section 5 (Counts 33 – 40): Rock Back L, Recover; Forward L Shuffle; Step ½ Turn L; Step ½ Turn L Step R

1 - 2 Rock back on L, recover weight on R
3 & 4 Shuffle forward stepping L/R/L
5 - 6 Step forward on R, pivot ½ turn L, weight on L (12 o'clock)
7 & 8 Step forward on R, pivot ½ turn L, step forward on R (6 o'clock)

Section 6 (Counts 41 – 48): L Kick, Ball, Step x 2; Rock L, Recover; L Coaster Step

1 & 2 Kick L forward, touch ball of L, step weight on R
3 & 4 Kick L forward, touch ball of L, step weight on R
5 - 6 Rock forward on L, recover weight on R
7 & 8 Step back on L, step right beside L, step forward on L

Section 7 (Counts 49 – 56): R Kick, Ball Step x 2; Rock R, Recover; ¼ Chasse R

1 & 2 Kick R forward, touch ball of R, step weight on L
3 & 4 Kick R forward, touch ball of R, step weight on L
5 - 6 Rock forward on R, recover weight on L
7 & 8 Making ¼ turn R, Chasse to the R, stepping R/L/R (9 o'clock)

Section 8 (Counts 57 – 64): Cross, Back, Ball Cross, Back; R Coaster Step; Rock Forward L, Recover

1 - 2 Cross L over R, step back on R

& 3 - 4 Change weight onto L & cross R over L, step back on L
5 & 6 Step back on R, step L beside R, step forward on R
7 - 8 Rock forward on L, recover weight on R

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