Straight and Narrow

拍數: 32

級數: Improver

編舞者: Lynn Card (USA) - June 2014

音樂: Follow Your Arrow - Kacey Musgraves

Rock Step, Coaster Step, Rock Step, Coaster Step

- 1,2,3&4 Rock R forward, recover back on L, step R back, step L back next to R, step R forward
- 5,6,7&8 Rock L forward, recover back on R, step L back, step R back next to L, step L forward

Pivot Turn, Shuffle Step, Pivot Turn, Shuffle Step

- Step R forward and pivot ¹/₂ turn counter clockwise recovering forward on L, step R forward, 1,2,3&4 step L, next to R, step R forward
- Step L forward and pivot ¹/₂ turn clockwise recovering forward on R, step L forward, step R 5,6,7&8 next to L, step L forward

Kick Ball Step, Step ¼ Turn, Kick Ball Step, Step ¼ Turn

- Kick R forward, replace R to center, step L next to R, step R forward and pivot 1/4 turn counter 1&2,3,4 clockwise recovering on L to left side
- Kick R forward, replace R to center, step L next to R, step R forward and pivot ¼ turn counter 5&6,7,8 clockwise recovering on L to left side

Sailor Step, Sailor Step, Jazz Box 1/4 Turn

- Cross R behind L, step L to left side, step R to right side, cross L behind R, step R to right 1&2,3&4 side, step L to left side
- Cross R over L, step back on L, make ¼ turn clockwise as you step R to right side, step L 5,6,7,8 next to R

Tag 1&2 are the same:

*2 counts: stomp R, stomp L next to R

Tag 1 is in the 4th Wall(rotation) after the first 24 counts of the dance, then stomp stomp facing 9 o'clock Tag 2 is in the 8th Wall(rotation) after the first 20 counts of the dance, then stomp stomp facing 9 o'cock

Contact: lynncard28@gmail.com





牆數: 0