

Can't Be Tamed

拍數: 32 牆數: 2 級數: Improver
編舞者: Nathan Gardiner (SCO) - June 2014
音樂: Can't Be Tamed - Miley Cyrus



Intro: 16 counts start on vocals - No Tags Or Restarts

ROCK, RECOVER, SIALOR 1/2 TURN, ROCK, RECOVER, COASTER STEP

1-2 Rock forward on right, Recover on left
3&4 Step right behind right, Turn 1/2 right stepping left to left side, Step right to right side
5-6 Rock forward on left, Recover on right
7&8 Step back on left, Step right next to left, Step forward on left

WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, FULL TURN BACKWARDS

1-2 Walk forward on right, Walk forward on left
3&4 Step forward on right, Step left next to right, Step forward on right
5-6 Rock forward on left, Recover on right
7-8 Turn 1/2 left stepping forward on left, Turn 1/2 left stepping back on right

ROCK, RECOVER, KICK & POINT, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

1-2 Rock back on left, Recover on right
3&4 Kick left foot forward, Step left next to right, Point right toe out to right side
5-6 Cross rock right over left, Recover on left
7-8 Rock out to right side, Recover on left

CROSS, BACK, BALL CROSS, STEP RIGHT, ROCK, RECOVER, KICK & TOUCH

1-2 Cross step right over left, Step back on left
&3-4 Step ball of right next to left, Cross step left over right, Step right to right side
5-6 Rock back on left, Recover on right
7&8 Kick left foot forward, Step left next to right, Touch right next to left

Start Again.....Happy Dancing

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