

Trashin' The Camp

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Ninna Jensen (DK) - June 2014
音樂: Trashin' the Camp - Phil Collins & *NSYNC : (Tarzan Soundtrack - iTunes)



(16 count intro)

Sec 1: □walk forward R & L; Mambo step, side rock L, behind side cross R, side step R

1 2 3&4 Step Fw R L, rock R fw, recover, step R back

5&6&7 8 L to L, recover, L cross behind R, R to R, L cross in front of R, R step to R

Sec 2: □L sailor step, sailor ¼ R, heel and toe Jacks.

1&2 L cross behind R, R beside L, L step L,

3&4 R cross behind L, turn ¼ R stepping L next to R, R step to R

5&6& L heel touch fw, L next to R, Touch R beside L, step R beside L

7&8 L heel touch fw, L next to R, step R fw

Sec 3: □L rock fw Shuffle ½ turn L, Extended Jazz Box

1 2 3&4 L rock fw, recover, turn ¼ L stepping L to L, R next to L, Turn ¼ L stepping L fw

5 6 &7 8 Cross R in front of L, step L back, R to R, cross L in front of R, step R to R

Sec 4: □ Behind side cross, Weave ¼ turn L, Rock steps fw and back

1&2 L cross behind R, R to R, L cross in front of R

3&4 R cross behind L, step L t L turning ¼ L, Step R fw

5 6&7 8 Rock L fw, recover, step L next to R taking weight on L, rock R bw, recover to L

Start again – hope you enjoy..

Ending: Dance up to full count no 16; rock step fw, shuffle ¼ L

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