

# Born To Run

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Leif Kristiansen (DK) - June 2014  
音樂: Born to Run - Ester Brohus



## Lockstep right, lockstep left, pivot turn L, step , pivot ¼ turn R, cross

1 & 2      Step right forward, left onto right, step right forward  
3 & 4      Step left forward, right onto left, step left forward  
4 & 5      Step right forward, pivot turn, step right forward  
6 & 7      Step left forward, pivot turn, cross left over right

## Chasse right, back rock, chasse left, back rock

1 & 2      Step right to right, left onto right, step right to right  
3 - 4      Rock back left, recover  
5 & 6      Step left to left, right onto left, step left to left  
7 - 8      Rock back right, recover

## Shuffle forward R+L, rock forward, ½ turn shuffle

1 & 2      Step right forward, left onto right, step right forward  
3 & 4      Step left forward, right onto left, step left forward  
5 - 6      Rock forward, recover  
7 & 8      Shuffle ½ turn right, stepping – right, left, right

## ½ turn shuffle, back rock, Right rock/cross, left rock/cross

1 & 2      Shuffle ½ turn right, stepping – left, right, left  
3 - 4      Rock back right, recover  
5 & 6      Rock right to right, recover, cross right over left  
7 & 8      Rock left to left, recover, cross left over right

**Start again**

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