

Born To Run

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Leif Kristiansen (DK) - June 2014
音樂: Born to Run - Ester Brohus



Lockstep right, lockstep left, pivot turn L, step , pivot ¼ turn R, cross

1 & 2 Step right forward, left onto right, step right forward
3 & 4 Step left forward, right onto left, step left forward
4 & 5 Step right forward, pivot turn, step right forward
6 & 7 Step left forward, pivot turn, cross left over right

Chasse right, back rock, chasse left, back rock

1 & 2 Step right to right, left onto right, step right to right
3 - 4 Rock back left, recover
5 & 6 Step left to left, right onto left, step left to left
7 - 8 Rock back right, recover

Shuffle forward R+L, rock forward, ½ turn shuffle

1 & 2 Step right forward, left onto right, step right forward
3 & 4 Step left forward, right onto left, step left forward
5 - 6 Rock forward, recover
7 & 8 Shuffle ½ turn right, stepping – right, left, right

½ turn shuffle, back rock, Right rock/cross, left rock/cross

1 & 2 Shuffle ½ turn right, stepping – left, right, left
3 - 4 Rock back right, recover
5 & 6 Rock right to right, recover, cross right over left
7 & 8 Rock left to left, recover, cross left over right

Start again

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