

Turnin' It Up

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Intermediate Hip-Hop
編舞者: Cody James Lutz (USA) - June 2014
音樂: Can't Get Enough (feat. Pitbull) - Becky G.



INTRO: 32 counts. Start on rap vocals.

SEQUENCE: AA BB AA BB AA A*B BB (*on Wall 11 you will perform 20.5 counts of A and then Restart, with B.)

PART A

CROSS, OUT, BALL CROSS, HOLD, SWITCH TOUCHES x3

12 Cross right over left, step left to left
&34 Step on ball of right, Cross left over right, Hold
5&6& Touch right to right, Bring right together with left, Touch left to left, Bring left together with right
7 Touch right to right

BEHIND SIDE CROSS, OUT, CROSS AND CROSS GLIDE, ½ TURN UNWIND, ½ TURN CHASSE

8&1 Step right behind left, Step left to left, Cross right over left
234 Step left to left, Cross right over left, Step left to left
56 Cross right over left, Unwind 1/2 turn left taking weight on left and continuing momentum left
7&8 Make a 1/2 turn left stepping out to right, Bring left together, Step right out to right

BALL ROCK RECOVER x2, BACK ROCK RECOVER x2

&12 Step on ball of left, Step right out to right, Recover weight to left
&34 Bring right together with left stepping on ball of right, Step left out to left, Recover weight to right
&56 Bring left together with right stepping on ball of left, step right out and diagonal back to right, Recover weight to left
&7&8 Bring right together with left stepping on ball of right, Step left out and back diagonal to left, Recover weight to right, Step left together with right (*Restart here on wall 11)

(Styling: On counts 1 and 2, use left hand open vertically palm facing right, in front of body to make a pushing motion to right, then do the same with the right hand pushing left on counts 3 and 4.

On counts 5 and 6, reach left arm across body as far left as far as you can, then reach right arm across body to left on counts 7 and 8)

WIZARD x2, ½ TURN PIVOT, FULL TURN

12& Step right to right, Step left behind right, Step forward on right
34& Step left to left, step right behind left, step forward on left
56 Step forward on right, Pivot 1/2 turn left taking weight on left
78 Make a half turn left stepping back on right, Make a 1/2 turn left stepping forward on left

Part B

HOPS x8

1234 Hop slightly forward diagonal R, back diagonal L, forward diagonal R, forward diagonal R
5678 Hop slightly forward diagonal L, back diagonal R, forward diagonal L, forward diagonal L

ROCKING CHAIR, STEP, 1/2 TURN PIVOT, FULL TURN

12 Rock forward on right, Recover weight to left
34 Rock back on right, Recover weight to left
56 Step forward on right, Pivot 1/2 turn left taking weight on left
78 Make a 1/2 turn left stepping back on right, make a 1/2 turn left stepping forward on left

KICKSTEP LOCKSTEP x2, ROCK RECOVER, COASTER STEP

1&2& Kick right forward, Step down on right, Lock left behind right, Step forward on right
3&4& Kick left forward, Step down on left, Lock right behind left, Lstep forward on left
5&6 Rock forward on right, Recover weight to left
7&8 Step back on right, Bring left together with right, Step forward on right

ROCK RECOVER, COASTER STEP, KICKBALL CROSS, FULL TURN

12 Rock forward on left, Recover weight to right
3&4 Step back on left, Bring right together with left, Step forward on left
5&6 Kick right forward, Step on ball of right next to left, Cross left over right beginning pivot right on right
7&8 Make a 1/2 turn right stepping back on right, Make a 1/2 turn right stepping forward on left

(NOTE: On Wall 9, the music will slow significantly. Continue to dance at the same fast tempo as the rest of the dance, and the music will catch up with you.)

DANCE SHOULD END ON A JUMP FORWARD. ENJOY!

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