

拍數: 80 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Alexandra Hungerbühler (CH) - June 2014
音樂: Home - Dolly Parton



Sequence: AB/ AB/ A with Restart/ B/ B/ B

Part: A

[1-9] Walk, Walk, Anchor Step, ½ Turn left, sync. Lock Step (R + L)

1 .2 RF forward, LF forward
3 & 4 RF roll behind LF, weight on RF
5 ½ turn left (6:00), step left forward
6 & 7 Step right forward, step left behind right, step right forward
8 & 1 Step left forward, step right behind left, step left forward

[10-17] Cross Rock, ¼ Turn right, Chassé, Cross, Back, Coaster Step

2,3 cross right over left, recover on left
4 & 5 ¼ turn clockwise, step right to right, step left next to right, step right to right (9:00)
6,7 Cross left over right, * step right back
8 & 1 Step left back, step right together, step left forward

* Restart: Restart with A-Part. Dance 14 Counts and the 2 Count-Tag:

*7 Recover, 8 Side Step to left (detailed description see below)

[18-24] Side, Behind & Heel & Cross right / left

2,3 Step right to right, step left behind right
& 4 Step right next to left, Touch left heel forward
& 5 Step left beside right, cross right over left
6,7 Step left to left, step right behind left
& 8 Step left beside right, touch right heel forward RF
& 1 Step right beside left, cross left over right

[25-32] ¼ Turn left, lock-shuffle back, Coaster Step, Full Turn

2 ¼ turn left, step right back (6:00)
3&4 step left back, step on LR crossed, step left back
5 & 6 Step right back, step left beside right, step right forward
7,8 ½ turn right, step left back, turn ½ to right, step right forward (6:00)

[33-40] Rock Step, Shuffle back, ½ turn right, step ½ turn right, step

1,2 Step left forward, recover to right
3 & 4 Step left back, step right beside left, step left back
5,6 ½ turn right, step right forward (12:00), step left forward
7,8 ½ turn right, weight on LF (6:00)

Part: B

[1-8] Walk, Walk, Side Rock, Cross Shuffle back, Side, Together, Step

1-2 Step right forward, step left forward
3 & 4 Step right to right, recover on left, step right over left
5 & 6 Step left back, step right beside left, step left back
7 & 8 Step right to right, step left next to right, step right forward

[9-16] Walk, Walk, Side Rock, Cross Shuffle back, Triple ½ turn left

1,2 Step left forward, step right forward
3 & 4 Cross step left to left, recover on right, step left over right

5 & 6 Step right back, step left next to right, step right back
7 & 8 ¼ turn left, step left to left, ¼ turn left, step left forward (12:00)

[17-24] Walk, Walk, Side Rock, Cross Shuffle back, Side, Together, Step

1-2 Step right forward, step left forward
3 & 4 Step right to right, recover on left, step right over left
5 & 6 Step left back, step right beside left, step left back
7 & 8 Step right to right, step left next to right, step right forward

[25-32] Walk, Walk, Mambo Step, ½ Turn right, ½ turn right, Triple ½ turn right

1,2 Step forward, step left forward
3 & 4 Step left forward, recover to right, step left back
5,6 ½ turn right, step right forward (6:00), ½ turn right, step left back (12.00)
7 & 8 ¼ turn right, Close Left step back, step left next to right, ¼ turn right, step right forward (6:00)

[32-40] Walk, Walk, Side Rock, Cross Shuffle back, Side, Together, Step

1,2 Step left forward, step right forward
3 & 4 Cross step left to left, recover on right, step left over right
5 & 6 Step right back, step left next to right, step right back
7 & 8 Step left to left, right beside left, step left forward

Tag with Restart: Part A with Restart:

Dance the first 14 counts, then dance a 2 Count-Tag and then continue to dance with Part B:

[1-9] Walk, Walk, Anchor Step, ½ Turn left, sync. Lock Step (R + L)

1 .2 RF forward, step left forward
3 & 4 roll behind left, weight on RF
5 ½ turn left (6:00), step left forward
6 & 7 Step right forward, step left behind right, step right forward
8 & 1 Step left forward, step right behind left, step left forward

[10-16] Cross Rock, ¼ Turn right, Chasse, Cross Rock, Side

2,3 cross right over left, recover on left
4 & 5 ¼ turn clockwise, step right to right, step left next to right, step right to right (face 9 clock)
6,7 LF cross over RF, recover to right
8 Step left to left

Start again...

Enjoy and don't forget to Smile!

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