Bum Da Dum

級數: Intermediate

編舞者: Winson Anderson - June 2014

音樂: Can't Believe It (feat. Pitbull) - Flo Rida

INTRO: 16 COUNTS

Note: \Box There is a restart on Wall 1 doing until count 40.

Ending on Wall 7: Just turn your head the right with R hand on the waist (body facing at 6.00 & head facing 12.00).

S1: PRESS & RECOVER+SWEEP, SAILOR CROSS, SIDE ROCK & RECOVER, SAILOR CROSS

- 1-2 Press RF forward (1), recover weight on LF sweeping RF from front to back (2) 12.00
- 3&4 Cross RF behind LF (3), step LF to L side (&), cross RF over LF (4) 12.00
- 5-6 Rock Lf to L side (5), recover weight on RF (6) 12.00
- 7&8 Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8) 12.00

S2: []'V' STEP: OUT R&L, SNAKE ROLL, HIPS PUSH TOWARDS RIGHT []

- 1-2 Step RF forward & out to R diagonal (1), step LF forward & out to L diagonal (2)12.00
- 3-4 Roll from head to body towards L side (3), weight on LF (4)□12.00
- 5-8 Push hips to R side X4 (5,6,7,8) weight on LF 12.00

S3: SAILOR STEP, SAILOR ¼ (L), WALK ¾ (L)

- 1&2 Cross RF behind LF (1), step LF to L side (&), step RF to R side (2) 12.00
- 3&4 Turn ¼ L crossing LF behind RF (3), step RF to R side (&), step LF forward (4)□9.00
- 5-8 Walk ³/₄ L starting from RF and end with LF (5,6,7,8) no weight 12.00

S4: PRESS & GLIDE X2, 'V' STEP , HIPS ROLL

- 1-2 Press R toes and glide LF back (1), step R heel in place (2) 12.00
- 3-4 Press L toes and glide RF back (3), step L heel in place (4)□12.00
- 5-6 Step RF forward & out to R diagonal (5), step LF forward & out to L diagonal (6) 12.00
- 7-8 Roll hips anticlockwise (from L to R) weight on LF 12.00

S5: D'BUM DA BUM': (LITTLE JUMP & TOUCH R&L, LITTLE JUMP TOGETHER & TOUCH R&L) X2D

- &1&2 Little jump RF to R side (&), touch L toes beside RF (1), little jump LF to L side (&), touch R toes beside LF (2) 12.00
- Little jump RF to R side (&), step LF beside RF (3), little jump RF to R side (&), touch L toes beside RF (4)12.00
- Little jump LF to L side (&), touch R toes beside LF (5), little jump RF to R side (&), touch L toes beside RF (6) 12.00
- &7&8 Little jump LF to L side (&), step LF beside RF (7), little jump LF to L side (&), touch R toes beside LF (8) 12.00

S6:□CROSS SAMBA, CROSS SIDE, CROSS SAMBA, CROSS, ¼ (L) FORWARD□

- 1&2 Cross RF over LF (1), rock LF to L side (&), recover weight on RF (2) 12.00
- 3-4 Cross LF over RF (3), step RF to R side (4)□12.00
- 5&6 Cross LF over RF (5), rock RF to R side (&), recover weight on LF (6) 12.00
- 7-8 Cross RF over LF (7), turn ¼ L stepping LF forward (8)□9.00
- ***Restart on Wall 1: Cross RF over LF, step LF to L side (facing 12.00 o'clock).***

S7:□2 PIVOT ½ (L), HIPS THRUST, ½ (L) HIPS THRUST□

1-4 Step RF forward (1), turn ½ L (2), step RF forward (3), turn ½ L (4)□9.00





拍數: 64

牆數:4

- 5&6 Touch R toes forward & thrust hips forward (5), recover hips back (&), thrust hips forward (6) – weight on RF 9.00
- 7&8 Turn ½ L touching L toes forward & thrust hips forward (7), recover hips back (&), thrust hips forward (8) weight on LF 3.00

S8: FORWARD ROCK & RECOVER, COASTER STEP, SCUFF HITCH SIDE, BUTTERFLY STEP

- 1-2 Rock RF forward (1), recover weight on LF (2)□3.00
- 3&4 Step RF back (3), step LF beside RF (&), step RF forward (4)□3.00
- \$5-6 Scuff LF forward (\$), lift LF up (5), step LF to L side (6) \Box 3.00
- 7-8 Roll both knees inwards (7), return both knees to normal position (8) 3.00

Ending: On wall 7 – You will finish until here. Just turn your head to the right facing 12.00 o'clock with R hand on the waist.□

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