

Bum Da Dum

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Winson Anderson - June 2014
音樂: Can't Believe It (feat. Pitbull) - Flo Rida



INTRO: 16 COUNTS □

Note: □ There is a restart on Wall 1 doing until count 40.

Ending on Wall 7: Just turn your head the right with R hand on the waist (body facing at 6.00 & head facing 12.00).

S1: □ PRESS & RECOVER+SWEEP, SAILOR CROSS, SIDE ROCK & RECOVER, SAILOR CROSS □

- 1-2 Press RF forward (1), recover weight on LF sweeping RF from front to back (2) □ 12.00
3&4 Cross RF behind LF (3), step LF to L side (&), cross RF over LF (4) □ 12.00
5-6 Rock Lf to L side (5), recover weight on RF (6) □ 12.00
7&8 Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8) □ 12.00

S2: □ 'V' STEP: OUT R&L, SNAKE ROLL, HIPS PUSH TOWARDS RIGHT □

- 1-2 Step RF forward & out to R diagonal (1), step LF forward & out to L diagonal (2) 12.00
3-4 Roll from head to body towards L side (3), weight on LF (4) □ 12.00
5-8 Push hips to R side X4 (5,6,7,8) – weight on LF □ 12.00

S3: □ SAILOR STEP, SAILOR ¼ (L), WALK ¾ (L) □

- 1&2 Cross RF behind LF (1), step LF to L side (&), step RF to R side (2) □ 12.00
3&4 Turn ¼ L crossing LF behind RF (3), step RF to R side (&), step LF forward (4) □ 9.00
5-8 Walk ¾ L starting from RF and end with LF (5,6,7,8) – no weight □ 12.00

S4: □ PRESS & GLIDE X2, 'V' STEP, HIPS ROLL □

- 1-2 Press R toes and glide LF back (1), step R heel in place (2) □ 12.00
3-4 Press L toes and glide RF back (3), step L heel in place (4) □ 12.00
5-6 Step RF forward & out to R diagonal (5), step LF forward & out to L diagonal (6) 12.00
7-8 Roll hips anticlockwise (from L to R) – weight on LF □ 12.00

S5: □ 'BUM DA BUM': (LITTLE JUMP & TOUCH R&L, LITTLE JUMP TOGETHER & TOUCH R&L) X2 □

- &1&2 Little jump RF to R side (&), touch L toes beside RF (1), little jump LF to L side (&), touch R toes beside LF (2) 12.00
&3&4 Little jump RF to R side (&), step LF beside RF (3), little jump RF to R side (&), touch L toes beside RF (4) 12.00
&5&6 Little jump LF to L side (&), touch R toes beside LF (5), little jump RF to R side (&), touch L toes beside RF (6) 12.00
&7&8 Little jump LF to L side (&), step LF beside RF (7), little jump LF to L side (&), touch R toes beside LF (8) 12.00

S6: □ CROSS SAMBA, CROSS SIDE, CROSS SAMBA, CROSS, ¼ (L) FORWARD □

- 1&2 Cross RF over LF (1), rock LF to L side (&), recover weight on RF (2) □ 12.00
3-4 Cross LF over RF (3), step RF to R side (4) □ 12.00
5&6 Cross LF over RF (5), rock RF to R side (&), recover weight on LF (6) □ 12.00
7-8 Cross RF over LF (7), turn ¼ L stepping LF forward (8) □ 9.00

Restart on Wall 1: Cross RF over LF, step LF to L side (facing 12.00 o'clock). □

S7: □ 2 PIVOT ½ (L), HIPS THRUST, ½ (L) HIPS THRUST □

- 1-4 Step RF forward (1), turn ½ L (2), step RF forward (3), turn ½ L (4) □ 9.00

- 5&6 Touch R toes forward & thrust hips forward (5), recover hips back (&), thrust hips forward (6) – weight on RF 9.00
- 7&8 Turn ½ L touching L toes forward & thrust hips forward (7), recover hips back (&), thrust hips forward (8) – weight on LF 3.00

S8: □ FORWARD ROCK & RECOVER, COASTER STEP, SCUFF HITCH SIDE, BUTTERFLY STEP □

- 1-2 Rock RF forward (1), recover weight on LF (2) □ 3.00
- 3&4 Step RF back (3), step LF beside RF (&), step RF forward (4) □ 3.00
- &5-6 Scuff LF forward (&), lift LF up (5), step LF to L side (6) □ 3.00
- 7-8 Roll both knees inwards (7), return both knees to normal position (8) □ 3.00

*****Ending: On wall 7 – You will finish until here. Just turn your head to the right facing 12.00 o'clock with R hand on the waist.*** □**

Copyright © 2014 Winson Anderson

Contact: winson_anderson@yahoo.com
