You and Me

拍數: 48

級數: Improver / Low Intermediate

編舞者: Darren Bailey (UK) - June 2014

音樂: I Still Believe in You - Vince Gill

Basic R, 1/4 turn L into 2 Sways, 1/4 L sweep, Weave L with sweep, Behind, Side.

- 1-2& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
- 3-4-5 Make a 1/4 turn L and step forward on Lf, sway back on to Rf, sway forward onto Lf make a 1/4 turn L sweeping Rf from back to front
- 6&7 Cross Rf infront of Lf, step Lf to L side, cross Rf behind Lf sweeping Lf from front to back
- 8& Cross Lf behind Rf, step Rf to R side

3 Walks (L, R, R), Cross, Side, 3 Walks back (R, L, R) Behind, Side.

- 1-2-3 Step forward on Lf, step forward on Rf, step forward on Lf
- 4& Cross Rf over Lf, step Lf to L side
- 5-6-7 Step back on Rf, step back on Lf, step back on Rf
- 88 Cross Lf behind Rf, step Rf to R side

Cross Rock, Recover, Side x2 (L, R), Side, 1/4 turn R with Prep, 1 1/4 turn R, Sway x2 (R, L).

- 1-2&3 Cross rock Lf over Rf, Recover onto Rf, step Lf to L side, cross rock Rf over Lf
- 4&5 Recover onto Lf, step Rf to R side, make a 1/4 turn R and step forward on Lf
- 6&7 Make a 1/2 pivot turn R, make a 1/2 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side (Sway)
- 8 Sway over onto Lf

Full Diamond with Sweeps.

- Step Rf to R side Making an 1/8 turn R to face diagonal and sweep Lf to front 1
- 2&3 Cross Lf over Rf, step back on Rf making an 1/8 turn L, Making an 1/8 turn L to face diagonal step Lf to L side and sweep Rf to back.
- Cross Rf behind Lf, step Lf to L side making an 1/8 turn L, Making an 1/8 turn L step forward 4&5 on Rf to face diagonal and sweep Lf to front
- Cross Lf over Rf, step back on Rf making an 1/8 turn L, Making an 1/8 turn L to face diagonal 6&7 step Lf to L side and sweep Rf to back
- 8& Cross Rf behind Lf, step Lf to L side making an 1/8 turn L

Basic x3, (R, L, R) 1/2 Hinge turn R.

- 1-2& Make a 1/8 turn L and step Rf to R side, close Lf behind Rf, cross Rf over Lf
- 3-4& Step f to L side, close Rf behind Lf, cross Lf over Rf
- 5-6& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
- 7-8& Make a 1/4 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side, cross Lf over Rf

Basic R, 1/2 Hinge turn R, Sways (R, L, R) 1/2 turn L with Touch.

- 1-2& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
- 3-4& Make a 1/4 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side, cross Lf over Rf
- 5-6-7 Step Rf to R side, sway over onto Lf, sway over onto Rf
- 8 Sway onto Lf making a 1/2 turn L touching Rf next to Lf

Hope you get a chance to listen and enjoy this great piece of music. \Box





牆數:2