

She

拍數: 36 牆數: 2 級數: Intermediate
編舞者: Berta Burns (DK) - June 2014
音樂: She by Paul Byrom



Intro: □ 8 counts

Section 1: RIGHT NC BASIC & WEAVE LEFT, LEFT NC BASIC & WEAVE RIGHT

- 1 Step right to right side,
- 2& Rock left behind right, & recover on right,
- 3& Step left to left side, & cross right behind left,
- 4& Step left to left side, & cross right over left front,
- 5 Step left to left side,
- 6& Rock right behind left & recover on left,
- 7& Step right to right side, & cross left behind right,
- 8& Step right to right side, & cross left over right front.

Section 2: POINT & STEP TWICE, JAZZ BOX 1/4 TURN CLOCKWISE

- 9 Point right toes to right,
- 10 Step right to left front,
- 11 Point left toes to left,
- 12 Step left to right front,
- 13 Cross right over left front,
- 14 Step left behind right,
- 15 Step right to right making 1/4 turn clockwise,
- 16 Cross left to right front. □ (3:00)

Section 3: RIGHT NC BASIC, 2 BASKET-BALL TURNS, & ROCK RECOVER

- 17 Step right to right side (big step),
- 18& Rock left behind right & recover on left,
- 19 Step left to left making 1/4 counter-clockwise, (12:00)
- 20& Step right forward pivoting 1/2 turn counter-clockwise,
- 21 Step right forward, (6:00)
- 22& Step left forward pivoting 1/2 turn clockwise (12:00)
- 23 Step left next to right making 1/2 turn clockwise while sweeping right backward, □□□□ (6:00)
- 24& Rock right behind left, recover.

Section 4: RIGHT NC BASIC, STEP SWEEP TWICE, CROSS OUT OUT

- 25 Step right to right side,
- 26& Rock left behind right & recover on right,
- 27 Step left toward 4:30,
- 28 Sweep right toes next to left slightly bending right knee,
- 29 Step right toward 7:30,
- 30 Sweep left toes next to right slightly bending left knee,
- 31 Cross left over right front,
- 32& Step right & left out.

Section 5: SWAY 4 TIMES

- 33 Sway body to right side,
- 34 Sway body to left side,
- 35 Sway body to right side,

DANCE SEQUENCES:

Wall 1 & 2: □□36

Wall 3: □□16 - 1/2 TURN JAZZ BOX (6:00)

Wall 4: □□32

Wall 5: □□36

Wall 6: □□16 - 1/2 TURN JAZZ BOX (12:00)

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