

Follow you HALFWAY home

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver - Pop/Disco
編舞者: Liz Lowry (UK) & Adrian Swales (UK) - May 2014
音樂: Follow You Home - Embrace : (iTunes)



Intro: 32 counts

[1-8] STEP ¼ PIVOT, RIGHT CROSS SHUFFLE. HINGE ½ RIGHT, LEFT CROSS SHUFFLE. □

1-2 Step forward Right. Pivot ¼ turn Left.
3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
5-6 Turn ¼ Right stepping back Left. Turn ¼ Right stepping Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right (face 3:00).

[9-16] SIDE, HOLD, & SIDE, TOUCH. SIDE, HOLD, & ¼ LEFT, ¼ SCUFF. □

1-2 Step Right to Right side. Hold.
&3-4 Step Left next to Right. Step Right to Right side. Touch Left next to Right.
5-6 Step Left to Left side. Hold.
7&8 Step Right next to Left. Step forward Left turning ¼ Left. Turn ¼ Left scuffing Right forward (face 9:00).

[17-24] RIGHT MAMBO FORWARD, LEFT MAMBO BACK. PADDLE ¾ RIGHT. □

1&2 Rock forward on Right. Rock back on Left. Step back Right.
3&4 Rock back on Left. Rock forward on Right. Step forward Left.
5 Step forward Right turning ¼ turn Right.
&6 Step on ball of Left. Step Right in place turning ¼ turn Right.
&7 Step on ball of Left. Step Right in place turning ¼ turn Right.
&8 Step forward on ball of Right. Step Right in place (face 6:00).

[25-32] FORWARD ROCK, SHUFFLE ½ LEFT. STEP, ½ PIVOT, 2 WALKS FORWARD. □

1-2 Rock forward on Left. Recover weight to Right.
3&4 Shuffle ½ turn Left stepping Left, Right, Left (face 12:00).
5-6 Step forward Right. Pivot ½ turn Left (face 6:00).
7&8 Walk forward Right. Walk forward Left

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