

Automatic

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Donna Manning (USA) - June 2014
音樂: Automatic - Miranda Lambert



2 Tags... after wall 1, 8 counts facing 6:00 – after wall 8, 4 counts facing 12:00

Sec. 1 (1-8) □ Walk 2x, Triple, Walk 2X, Mambo

1, 2, 3&4 Walk back L, R, step L back, close R to L, Step L back
5,6, 7&8 Walk back R, L, push off the ball of the R back, recover to L, step R fwd □ (12:00)

Sec. 2 (9-16) □ Walk 2x, Step, ¼ Turn, Cross, Side Behind, 1/8 Triple Turn

1,2, 3&4 Walk fwd L, R, Step L fwd, ¼ Turn R, Cross L over R
5,6, 7&8 R to the R side, L behind R, Start turn to the R stepping R to the diagonal, Close L to R, Step R fwd (3:00)

Sec.3 (17-24) □ 1/8 Turn Side Rock, Recover, Weave, Rock, Recover, Touch, ½ Unwind

1,2, 3&4 Finish ¼ turn to the back wall with a L side rock, Recover to R, L behind R, R to R side, Cross L over R
5,6, 7,8 Rock R to diagonal (7:30), recover to L, touch ball of R behind L, ½ turn R unwind - weight to R (12:00)

leave ball of R on the ground as you turn, finish toe to R diagonal

Styling option for 7,8 – sweep R front to back as you place ball of R behind L and unwind taking weight.

Sec.4 (25-32) □ Step – point 2X, Rock, Recover, Tuck, ½ Unwind

1,2,3,4 Step L fwd, point R toe to R side, Step R fwd, Point L toe to L side
Styling option for 2 & 4 – use rondes, sweeps back to front
5,6 Rock L fwd, Recover to R
7,8 Tuck the ball of L behind the R, unwind ½ turn L taking weight to the RIGHT, leaving the L close to R with □□□NO weight. □(6:00)

use the ball of L and heel of R to help the turn keeping the R flat but skimming the floor. Looks cool to finish with feet in closed position or with toe of L touched close to the toe of the R

Tag 1- After wall 1 facing 6:00- Step L back, touch R next to L, Step R back, touch L next to R, Step L fwd, touch R next to L, Step R fwd, touch L next to R. 8 counts

Tag 2- After wall 8 facing 12:00 – L Back Rocking Chair – Rock L back, recover to R, Rock L fwd, recover to R

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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