

"B" Happy

拍數: 64 牆數: 2 級數: Intermediate Contra
編舞者: Southern Maryland Boot Scooters - June 2014
音樂: Happy - Pharrell Williams



Dance starts on the 5th strong beat of the song at the very beginning
Contra Line dance (Dancers should have windows when starting this dance)

Swivel toes, hold, clap, clap

1, 2, 3 & 4 Swivel toes out, in, out as you advance to the right, hold and clap, clap
5, 6, 7 & 8 Swivel toes in, out, in as you advance to the left, hold and clap, clap

Heel Struts

1, 2, 3, 4 Heel struts right, left, for a ¼ turn left
5, 6, 7, 8 Heel struts right, left for a ¼ turn to the left (6:00)

Kick ball turn

1&2, 3&4 Right kick ball change with 1/8 turn to the left, repeat (3:00)
5&6, 7&8 Right kick ball change with 1/8 turn to the left, repeat (12:00)

Toe Struts

1, 2, 3, 4 Toe struts moving forward right, left
5, 6, 7, 8 Toe struts moving forward right, left
(Both lines should be close to each other with a window)

Claps

1, 2 Slap thighs, clap hands
3, 4 cross right hand over and slap hand with person in opposite line to your left, clap hands,
5, 6 cross left hand over and slap hand with person in opposite line to your right, clap hands,
7, 8 snap fingers, point both index fingers up

Toe Struts Back

1, 2, 3, 4 Toe struts moving back right, left
5, 6, 7, 8 Toe struts moving back right, left (back to original position)

Boogie walks (pass through window of other line)

1&2 Step forward right with hips, right, left, right
3&4 Step forward left with hips, left, right, left
5&6 Step forward right with hips, right, left, right
7&8 Step forward left with hips, left, right, left

Monterey turns

1, 2, 3, 4 ¼ turn Monterey to the right (3:00)
5, 6, 7, 8 ¼ turn Monterey turn to the right (6:00)

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