

# Broken Heart

拍數: 48                      牆數: 2                      級數: Intermediate  
編舞者: Nathan Gardiner (SCO) - June 2014  
音樂: Me and My Broken Heart - Rixton



Intro: 36 counts

## WALK, WALK, STEP TURN STEP, FULL TURN, MAMBO STEP

1-2                      Walk forward on right, Walk forward on left  
3&4                      Step forward on right, Turn 1/2 left, Step forward on right  
5-6                      Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right  
7&8                      Rock forward on left, Recover on right, Step back on left

## COASTER STEP, LEFT LOCK STEP, STEP, 1/4 LEFT, STEP, STEP TURN CROSS

1&2                      Step back on right, Step left next to right, Step forward on right  
3&4                      Step forward on left, Lock right behind left, Step forward on left  
5&6                      Step forward on right, Turn 1/4 left, Step forward on right  
7&8                      Step forward on left, Turn 1/2 right, Step forward on left

## ROCK OUT CROSS, STEP 1/4 STEP, & STEP TOUCH, STEP BACK, KICK, COASTER STEP

1&2                      Rock out to right side, Recover on left, Cross step right over left  
3&4                      Step left to left side, Turn 1/4 right, Step forward on left  
&5&6                      Step right next to left, Step forward on left, Touch right next to left, Step back on right  
&7&8                      Kick left forward, Step back on left, Step right next to left, Step forward on left

## & ROCK FORWARD, RECOVER, SAILOR 1/4 LEFT, CROSS SHUFFLE, STEP TURN, ROCK TURN 1/4

&1-2                      Step right next to left, Rock forward on left, Recover on right  
3&4                      Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side  
5&6                      Cross step right over left, Step left to left side, Cross step right over left  
7&8                      Step forward on left, Turn 1/2 right, Rock forward on left  
&1                      Recover on right, Turn 1/4 left stepping forward on left

## WALK, WALK, STEP TURN STEP, FULL TURN, MAMBO STEP

2-3                      Walk forward on right, Walk forward on left  
4&5                      Step forward on right, Turn 1/2 left, (\*) Step forward on right  
6-7                      Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right  
8&1                      Rock forward on left, Recover on right, Step back on left

## BEHIND SIDE CROSS, ROCK OUT CROSS, SIDE STEP, 1/4 TURN LEFT, MAMBO 1/4 RIGHT

2&3                      Step right behind left, Step left to left side, Cross step right over left  
4&5                      Rock out to left side, Recover on right, Cross step left over right  
6-7                      Step right to right side, Turn 1/4 left stepping left to left side  
8&(1)                      Rock forward on right, Recover on left, (1/4 Turn right to start the dance)

\* Restart 1: On wall 2 dance upto count 36& then Restart the dance

Hope You Enjoy.....Happy Dancing

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