

Pass It On

COPPER KNOB
BY STEPHEN

拍數: 36 牆數: 2 級數: Improver
編舞者: Winnie Yu (CAN) - June 2014
音樂: Pass It On - Kevin Inthaly



Intro: 32 counts

*This dance is dedicated to "Dance for a Legend"

(presented by The Open Market); fundraising event for 105 Gibson Community Centre, Markham, Ontario, Canada

Start Dance facing 6 o'clock

Sec. 1: SIDE, TOGETHER, SHUFFLE FWD, L ROCKING CHAIR

1-2 Step right to right side, step left beside right
3&4 Step forward on right, step left next to right, step forward on right
5- 8 Rock left forward, recover onto right, rock left back, recover onto right

Sec. 2: SIDE, TOGETHER, SHUFFLE FWD, R ROCKING CHAIR

1-2 Step left to left side, step right beside left
3&4 Step forward on left, step right next to left, step forward on left
5-8 Rock right forward, recover onto left, rock right back, recover onto left

Sec. 3: R FORWARD ROCK, RECOVER, 1/2 R SHUFFLE, L FORWARD ROCK, RECOVER, 1/2 L SHUFFLE

1-2 Rock right forward, recover onto left
3&4 Make ¼ R & step right to right, step left together, make a ¼ R & step right forward (12:00)
5-6 Rock left forward, recover onto right
7&8 Make ¼ L & step left to left, step right together, make a ¼ L & step left forward (6:00)

*** (EZ Option Section 3) R ROCK FWD, SHUFFLE BACK, L BACK ROCK, SHUFFLE FWD

1-2 Rock right forward, recover onto left
3&4 Step right back, step left together, step right back
5-6 Rock left back, recover onto right
7&8 Step left forward, step right together, step left forward (6:00)

Sec. 4: FORWARD R, HOLD, PIVOT 1/2 L, HOLD, DRAW A BIG HEART SHAPE WITH BOTH HANDS = (Big Love From Jesus)

1-4 Step right forward, hold, pivot ½ turn left, hold (12:00)
5-8 Draw a BIG heart shape with both hands in front of body from head to waist (weight on left)

Sec.5: ¼ R , HOLD, RECOVER ¼ L, HOLD

1-2 Turn upper body & make a ¼ R with both hands across each other in front of chest, hold (3:00)
3-4 Recover onto left with ¼ L and open both arms side out from waist (12:00)

Ending: after wall 7, Big step right to R side for finishing @ 12:00.

Have fun & always dance with smile !

Contact - Email: linedance_queen@hotmail.com - Website: www.dancepooh.ca, www.winnieyu.ca