

# Joops Jump - Chair Dance

**COPPER** KNOB  
STEPSHETS

拍數: 48      牆數: 0      級數: Chair Dance  
編舞者: Pat Margarita (USA) - June 2014  
音樂: Joop's Jump - Rockin' Louie



**Instructor Faces Group, Sitting**

**SITTING IN CHAIR, FEET FLAT ON THE FLOOR, MIRROR INSTRUCTORS MOVES.**

**FORWARD, BACK, SIDE TOGETHER TOUCHES, LEFT SIDE, RIGHT SIDE 32 COUNTS**

1-4            TOUCH LEFT TOE FORWARD, BACK, FORWARD BACK

5-8            TOUCH LEFT TOE OUT TO LEFT, IN, OUT, IN

1-4            TOUCH RIGHT TOE FORWARD, BACK, FORWARD, BACK

5-8            TOUCH RIGHT TOE OUT TO RIGHT, IN, OUT, IN

1-16           REPEAT BOTH PATTERNS LEFT AND RIGHT.

**FORWARD KICKS FOR 32 COUNTS**

1-4            KICK LEFT FOOT FORWARD, RETURN, KICK RIGHT FOOT FORWARD, RETURN

5-8            KICK LEFT FOOT FORWARD, RETURN, KICK RIGHT FOOT FORWARD, RETURN

1-8            REPEAT KICK PATTERN

**BEGIN AGAIN FROM TOP.**

Contact: [instructor5678@gmail.com](mailto:instructor5678@gmail.com)

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