

Pergilah

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Bambang Satiyawan (INA) - June 2014
音樂: Pergilah - Raisa



Start dancing on lyric

I. □ Ball behind – Step in Place – Chasse – Chasse – Ball Behind – Step in Place

1 – 2 Ball R behind L, Step L in place
3 & 4 Step R to side, step L beside R, Step R to side
5 & 6 Step L to side, Step R beside , Step L to side
7 – 8 Ball R behind L, Step L in Place

II. □ Kick – Kick - Sailor Step – Kick – Kick - Sailor Step

1 – 2 Kick R forward, Kick R to side
3 & 4 Cross R behind L, Step L to side, Step R in place
5 – 6 Kick L forward, Kick L to side
7 & 8 Cross L behind R, Step R to side, Step L in place

III. Ball-In place-Turn ½ Left Back Triple Step-Back Triple Step-Ball-Step

1 – 2 Ball R behind L, Step L in place
3 & 4 Turn ½ left Step R back, Step L slightly beside R, Step R back
5 & 6 Step L back, Step R slightly beside L, Step L back
7 – 8 Ball R back, Step L in place

IV. Heels Jack-Unwind-Forward Step-Back Lock-Turn ½

1 & 2 Cross R over L, Step L to side, Touch R heel diagonal forward
& 3 & 4 Step R slightly behind L, Cross L over R, Step R to side, Touch L heel diagonal forward
& 5 – 6 Step L slightly behind R, Touch R cross over L, Turn ½ left weight on L
& 7 - 8 Step R forward, Lock L behind R, Turn ½ left weight on L (option: 7-8 Step R forward, Turn ½ left step L in place)

Tag :

1 – 2 Cross R over L, Touch L to side
3 – 4 Cross L over R, Touch R to side
5 – 6 Cross R over L, Turn ¼ right step L back
7 – 8 Step R to side, Step L forward
1 – 2 Cross R over L, Touch L to side
3 – 4 Cross L over R, Touch R to side
5 – 6 Cross R over L, Turn ¼ right step L back
7 – 8 Step R to side, Step L forward

*Do Tag after wall: 2,3,4,6 (2x Tag), 7 (after Tag do Swivel/Twist : 1&2&3&4 follow the music and then start again)

*Ending : on wall 9 at last count part IV, change turn ½ left to be full turn

Enjoy the dance...keep smile

Contact: bambang.1709@gmail.com