

We Are One (Ole Ola)

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Roosamekto Nugroho (INA) & Deshimona (INA) - June 2014
音樂: We Are One (Ole Ola) (feat. Jennifer Lopez & Claudia Leitte) - Pitbull



Intro : 32 counts

(1-8) CROSS, SIDE, RECOVER, SIDE ROCK, CROSS SHUFFLE, TURN ¼ R FORWARD SHUFFLE

1&2 Cross R over L – Step L to side – Recover on R (12:00)
3-4 Step L to L side – Recover on R
5&6 Cross L over R – Step R to side – Cross L over R
7&8 Turn ¼ R Step R forward – Lock L behind R – Step R forward (3:00)

(9-16) SIDE, HOLD, TURN ¼ L SIDE, HOLD (3X)

1 2 3 4 Step L to L side – Hold – Turn ¼ left step R to side – Hold (with shimmy) (12:00)
5 6 7 8 Turn ¼ left step L to side – Hold – Turn ¼ left step R to side – Hold (with shimmy) (6:00)

(17-24) CROSS, SIDE, RECOVER, SIDE ROCK, CROSS SHUFFLE, TURN ¼ L FORWARD SHUFFLE

1&2 Cross L over R – Step R to side – Recover on L,
3 4 Step R to side – Recover on L
5&6 Cross R over L – Step L to side – Cross R over L
7&8 Turn ¼ L Step L forward – Lock R behind L – Step L forward (3:00)

(25-32) HEEL, RECOVER, TOUCH, RECOVER, HEEL, RECOVER, TOGETHER (2X)

1&2& R heel forward – Recover on L – Touch R back – Recover on L (3:00)
3&4 R heel forward – Recover on L – Step R beside L
5&6& L heel forward – Recover on R – Touch L back – Recover on R
7&8 L heel forward – Recover on R – Step L beside R (3:00)

(33-40) SIDE MAMBO (RIGHT-LEFT), FORWARD MAMBO, BACK MAMBO

1&2 Rock R to side – Recover on L – Step R together (3:00)
3&4 Rock L to side – Recover on R – Step L together
5&6 Rock R forward – Recover on L – Step R together
7&8 Rock L back – Recover on R – Step L together (3:00)

(41-48) WALK FORWARD, FORWARD LOCK SHUFFLE, FORWARD, TURN ½ RIGHT, FORWARD LOCK SHUFFLE

1-2 Walk R forward – Walk L forward (3:00)
3 a4 Step R forward – Lock L behind R – Step R forward
5-6 Step L forward – Pivot turn ½ right ((9:00)
7 a8 Step L forward – Lock R behind L – Step L forward

(49-56) STATIONARY SAMBA WALK, SYNCOPATED CROSS SHUFFLE TURN ¼ RIGHT, SAMBA CROSS

1 a2 Step R beside L – Rock L back – Recover on R (9:00)
3 a4 Step L beside R – Rock R back – Recover on L
5&6& Turn ¼ right cross R over L – Step L to side – cross R over L – Step L to side (12:00)
7 a8 Cross R over L – Step L to side – Step R slightly forward (12:00)

(57-64) CROSS, SIDE, TOGETHER, CROSS OVER, TURN ¼ LEFT, SAILOR STEP

1 a2 Cross L over R – Step R to side – Step L together (12:00)
3 a4 Cross R over L – Step L to side – Step R together
5-6 Cross L over R – Turn ¼ left step R back (9:00)
7&8 Cross L behind R – Step R to side – Step L slightly forward (9:00)

TAG after wall 5 :

V STEP

&1 2 Step R forward diagonal R – Step L forward diagonal L – Hold

&3 4 Step back R to center – Step L together R – Hold

HAPPY DANCING !

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