Dancing in the Palm of Your Hand



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Carol Cotherman (USA) - June 2014

音樂: I Don't Dance - Lee Brice



32-Count intro.

Ston	Pock	Pocovor	1/ Shufflo	Dook	Pocovor	1/2 Shuffle
sieb.	ROCK.	Recover.	72 Shuille.	ROCK.	Recover.	72 Shuille

1-2-3	Step right forward	rock forward	on left recover	r on right
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4&5 ½ Turn left shuffling left, right, left (6:00) 6-7 Rock forward on right, recover on left

8&1 ½ Turn right shuffling right, left, right (12:00)

Step, 1/2 Turn, Triple 3/4 Turn, Rock Back, Recover, 1/2 Rock, Recover, Cross

2-3 Step left forward, ½ turn right with weight to right

6-7 Rock right back, recover to left

8&1 Turning ¼ left rock right to side, recover to left, cross right over left (12:00)

Point, Cross, Side Rock, Recover, Cross, Point, Cross, 1/4 Shuffle

2-3 Point left to side, step left across right

4&5 Rock right to side, recover to left, cross right over left

6-7 Point left to side, step left across right (Move slightly forward on steps 2-7.)

8&1 ¼ Turn right shuffling right, left, right (3:00)

*Restart here on wall 3 facing 9:00. Pickup dance at count 2.□

Step, ½ Turn, Shuffle, Cuban Hips Rock/Recover, Coaster Step

2-3 Step left forward, ½ turn right with weight to right

4&5 Shuffle forward left, right, left

Rock right forward swaying and rolling hips, recover to left swaying and rolling hips 8&(1)

Step right back, step left beside right, (step right forward) (1st count of dance) (9:00)

REPEAT

Restarts:-

Wall 3: Dance 24 counts and Restart facing 9:00. Count 1 is the last step of your 1/4 shuffle.

Wall 7: Dance 8 counts and Restart facing 12:00.

Ending (To end facing 12:00): At the end of wall 10, you will be facing 3:00. Dance counts

1-3, then add a 1/4 left sailor (4&5), touch right beside left (6).

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