

Hallelujah

拍數: 56 牆數: 4 級數: Advanced
編舞者: William Sevone (UK) - June 2014
音樂: Hallelujah - Alexandra Burke : (Album: Overcome)



Dance sequence:- 56 – 56 – 10 (see description) – 48+Bridge (see description)+8 – 16

Choreographers note:- The dance has been created to reflect the rhythm within this 6/8 tempo music
The 10 count Wall 3 will require extra attention because of the timing.
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on Count 8 of the intro.. one count prior to vocals.

2x Sway. Fwd. Together-Fwd. 2x Sway. Fwd. Together-Fwd (12:00)

1 – 2 Step right slightly to right & Sway (see note). Sway to the left (see note).
3 – a4 Step forward onto right. Step left toe next to right, step forward onto right.
5 – 6 Step left slightly to left & Sway (see note). Sway to the right (see note).

Dance Note: □ Counts 1,2,5 and 6: The Sway is performed with a slight 'down and up' motion.

7 – a8 Step forward onto left. Step right toe next to left, step forward onto left.

Wall 3 ONLY (facing 6:00) 10 counts

2x Sway. Fwd. Together-Fwd. 2x Sway. Fwd. Together-1/2 Fwd. Large Forward. Together (12:00)

Special Note: The tempo from count 7 'appears' slower – it's a musical illusion. Keep the same tempo as the main dance...

1 – 2 Step right slightly to right & Sway (see note). Sway to the left (see note).
3 – a4 Step forward onto right. Step left toe next to right, step forward onto right.
5 – 6 Step left slightly to left & Sway (see note). Sway to the right (see note).

Dance Note: □ Counts 1,2,5 and 6: The Sway is performed with a slight 'down and up' motion.

7 – a8 Step forward onto left. Step right next to left, turn ½ left & step forward onto left.

9 Large step forward onto right - raising hands in front (palms face in) to chest height by end of count

10 Step left next to right – moving hands out and up to head height (palms face in) by end of count.

(prepare to step right to right side – Count 1)

RESTART THE DANCE FROM COUNT 1 (and the vocals) FACING A NEW WALL (4)

Rock. Rec. 5/8 Fwd. Together-Fwd. 2x Diagonal. 1/2 Back. Together-Back (10.30)

9 – 10 Rock forward onto right. Recover onto left.

11 – a12 Turn 5/8 right & step right diagonally forward right (7.30). Step left toe next to right, step right foot diagonally forward (7.30).

13 – 14 Step left diagonally forward right (7.30). crossing left - Step right diagonally left (4.30).

15 – a16 Turn ½ left & step left diagonally backward right (facing 10.30). Step right toe next to left. Step left diagonally backward right (facing 10.30).

Sweep. Rock. Recover. Together-1/4 Fwd. Fwd. 1/4 Side. 1/2 Fwd. Together-Fwd (12.00)

17 – 18 Sweep right from front & step behind left. straightening to face 12 - Rock left to left side.

19 – a20 Recover onto right. Step left next to right. Turn ¼ left & step forward onto right (9).

21 – 22 Step forward onto left. Turn ¼ left & step right to right side (6).

23 – a24 Turn ½ left & step forward onto left. Step right toe next to left, step forward onto left.

Dance Note: □ Counts 23-a24 creates a short 'run' effect.

2x Large Fwd. Heel Drop. Together-Back. 2x Large Back. Back. Together-Back (12:00)

25 – 26 Large step forward onto right. Large step forward onto left – with right heel raised

27 – a28 Drop right heel to floor. Step left toe next to right, step backward onto right.

29 – 30 Large step backward onto left. Large step backward onto right.

31 – a32 Step backward onto left. Step right toe next to left, step backward onto left

1/4 Sway. 2x Sway. 1/2-Sway. 2x Sway. Recover. 3/4 Together-Fwd (12:00)

33 – 34 Turn ¼ right & sway right to right side (3). Sway onto left.

35 – a36 Sway onto right. Turn ½ left (9), sway onto left.

37 – 38 Sway onto right. Sway onto left.

39 – a40 Recover onto right, Turn ¾ left & step left toe next to right (12), step forward onto right.

1/4 Side. 3/4 Fwd. Fwd. 1/4 Together-3/4 Fwd. Rock. Recover. 1/2 Press. Together-Touch (6:00)

41 – 42 Turn ¼ right & step left to left side (3). Turn ¾ right & step forward onto right (12).

43 – a44 Step forward onto left. Turn ¼ left & step right toe next to left, turn ¾ left & step forward onto left.

45 – 46 Rock forward on right. Recover onto left.

47 – a48 Turn ½ right & press forward onto right (6). Step left next to right, touch right toe slightly backward.

WALL 4 - BRIDGE: REPEAT COUNTS 33-48 (end facing 12:00)

Then continue with 49-54 (end facing 3:00)

1/4 Side. Behind. Side.Together-Cross. Long Side. Drag Together. Cross. Together-Cross (9:00)

49 – 50 dropping right heel to floor – turn ¼ right (9). Cross left behind right.

51 – a52 Step right to right side. Step ball of left next to right, cross right over left.

53 – 54 Long step left to left side. Drag right & step next to left.

55 – a56 *Cross left over right. Step ball of right next to left, cross left behind right.

WALL 4 □*REPLACE COUNT 55-56 WITH THE FOLLOWING:

55 – a56 TURN ¼ LEFT & step left to left side (12). Step ball of right next to left, return weight to left

WALL 5: THIS IS THE FINAL WALL (counts 33-40 only) and DANCE FINISH (total 16 counts)

1/4 Sway. 2x Sway. 1/2-Sway. 2x Sway. Recover. 3/4 Together-Fwd (12:00)

33 – 34 Turn ¼ right & sway right to right side (3). Sway onto left.

35 – a36 Sway onto right. Turn ½ left (9), sway onto left.

37 – 38 Sway onto right. Sway onto left.

39 – a40 Recover onto right, Turn ¾ right & step left toe next to right (12), step forward onto right.

.....then step forward LEFT (1 count). RIGHT (1 count). LEFT (2 counts). RIGHT (2 counts). POSE and HOLD

Last Update - 19th June 2014
