

Man Li

拍數: 64 牆數: 4 級數: Beginner
編舞者: Tina Chen Sue-Huei (TW) - June 2014
音樂: Man Li (蔓莉) - Gean Lim (林必嬭)



SD: AAAA/BB/AAA(16)/AAA

Start dance on lyrics

Part A (32 Counts)

AI. Box Steps

1-2 Side step R, touch L beside R
3-4 Back step L, step R beside L
5-6 Side step L, touch R beside L
7-8 Fwd step R, step L beside R

All. Side Together, Chasse R, Pivot Turn, Fwd Shuffle

1-2 Side step R, step L beside R
3&4 Side step R, step L beside R, making a $\frac{1}{4}$ turn right step on R(3.00)
5-6 Step L fwd, pivot $\frac{1}{2}$ turn right step on R ..(9.00)
7&8 Fwd shuffle on LRL

AllI. Fwd Side Point Steps, Rock Recover, Turn Shuffle

1-4 Fwd step R, point L to side, fwd L, point R to side
5-6 Rock R fwd, recover on L
7&8 Making a $\frac{1}{2}$ turn right shuffle fwd on RLR(3.00)

AIV. Fwd Side Point Steps, Rock Recover, Turn Shuffle

1-4 Fwd step L, point R to side, fwd step R, point L to side
5-6 Rock L fwd, recover on R
7&8 Making a $\frac{1}{2}$ turn left shuffle fwd on LRL(9.00)

Part B (32 Counts)

BI. Kicks Out, R & L Sailor Steps

1-2 Kick R diagonally out left & right
3&4 Step R behind L, side rock L, side rock R
5-6 Kick L diagonally out right & left
7&8 Step L behind R, side rock R, side rock L

BII. Side Rock Recover, Cross Shuffle

1-2 Side rock R, recover on L
3&4 Cross shuffle on RLR
5-6 Side rock L, recover on R
7&8 Cross shuffle on LRL

BIII. Walk Fwd, Fwd Shuffle, Pivot Turn, Fwd Shuffle

1-2 Walk fwd on RL
3&4 Shuffle fwd on RLR
5-6 Step fwd L, pivot turn right step on R
7&8 Fwd shuffle on LRL

BIV. Walk Fwd, Fwd Shuffle, Pivot Turn, Fwd Shuffle

1-2 Walk fwd on LR

3&4 Shuffle fwd on LRL
5-6 Step fwd R, pivot turn left step on L
7&8 Shuffle fwd on RLR

Happy dancing!

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