

Mata Bachata

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Rudy Honing (NL) - June 2014
音樂: Mata - Tito El Bambino



Section 1 : mambo R to the right side - mambo L to the left side, mambo R forward - mambo L back

1&2 Step R to the side , step R next L
3&4 Step L to the side , step L next R
5&6 Step R forward , step R next L
7&8 Step L back , step L next R

Section 2 : rolling vine to the right - rolling vine to the left

1 - 2 Step R 1/4 turn to right , step L 1/2 turn to the right
3 - 4 Step R 1/4 turn to right , step L next R
5 - 6 Step L 1/4 turn to left , step R 1/4 turn to the left
7 - 8 Step L 1/4 turn to left , step R next L

Section 3 : walk forward 3 x - hip bump up and down, walk back 3 x - hip bump up and down

1 - 2 Step R forward , step L forward
3&4 Step R forward , step L next R and bump L hip up and down
5 - 6 Step L back , step R back
7&8 Step L back , step R next L and bump R hip up and down

Section 4 : crossingpoints - jazzbox 3/4 turn to the right

1 - 2 Step R forward over L , touch L toe to the left
3 - 4 Step L forward over R , touch R toe to the right
5 - 6 Step R forward over L turn 1/4 to the right, Step L 1/4 turn back to the left
7 - 8 Step R forward 1/4 turn to right , step L next R

START AGAIN

Contact: r.honing2@kpnmail.nl
