

Snooze Bar

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
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音樂: Life's Snooze Bar - Shane Duncan Band : (iTunes)



[1-8]: STEP, CROSS ROCK, STEP, STEP TOGETHER, SCISSOR STEP, STEP, ½ TURN HOOK

1-2& Step left to side, cross rock right over left, recover on left
3-4 Step right to side, step left beside right
5&6 Step right to side, step left beside right, cross right over left
7-8 Step left to side with slight diagonal make ½ turn and hook right over left
(Restart here on the 3RD rotation – you will have to step on count 8 to be able to restart)

[9-16]: STEP, MAMBO, STEP, COASTER, STEP, ¼ TURN, SLIDE

1 Step right forward
2&3 Rock left forward, Recover on right, step left next to right
4 Step right back
5&6 Step left back, step right back, step left forward
7-8 Step right forward, make a ¼ turn to left and slide left to right (keeping weight on right)

[17-24]: WIZARD, STEP, WIZARD, STEP, CROSS BEHIND, ¼ TURN

1-2& Step left diagonally forward to left, Lock right behind left, step left to left,
3 Step right forward
4-5& Step left diagonally forward to left, Lock right behind left, Step left to left
6 Step right forward
7-8 Cross left behind right, make ¼ turn right stepping right forward

[25-32]: ROCK, STEP, LOCK, STEP, ½ TURN STEP, STEP, LOCK, STEP, STEP ½ TURN

1 Rock left forward
2&3 Step right back lock right in front of left, step right back
4 Make ½ turn left stepping left forward
5&6 Step right forward, lock left behind right, step right forward
7-8 Step left forward, make ½ turn bringing right to left and putting weight on right
(2 count Tag here on the 1st & 4th rotations- two hip bumps to right)

START AGAIN

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