

Long Live Rock n' Roll

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Darren Bailey (UK) & Fred Whitehouse (IRE) - June 2014
音樂: Long Live Rock & Roll - Daughtry



Counts: (A) 32 counts, (+) 8 counts, (Tag) 19 Counts

(A)

Syncopated vine to R, Rock R, Recover, Rock forward, Full turn stepping R,L,R

1-2 Step Rf to R side, cross Lf behind Rf
&3 Step Rf to R side, cross Lf in front of RF
&4 Rock Rf to R side, recover onto Lf
5-6 Rock forward onto Rf, recover onto Lf
7&8 Make a 1/2 turn R and forward on Rf, close Lf next to Rf making a 1/4 turn R, make a 1/4 turn R and step forward on Rf

Gallop to L diagonal, Cross rock, Recover, Side rock, Recover.

1& Step Lf to L diagonal, close Rf behind LF
2& Step Lf to L diagonal, close Rf behind LF
3& Step Lf to L diagonal, close Rf behind LF
4 Step Lf to L diagonal
5-6 Cross rock Rf over LF, recover onto Lf
7-8 Rock Rf to R side, recover onto Lf

Sailor step R, Sailor step L with 1/4 turn L, Pivot 1/2 turn L, Full turn L.

1&2 Cross Rf behind Lf, step Lf to L side, step Rf to R side
3&4 Cross Lf behind Rf, step Rf to R side, make a 1/4 turn L and step forward on Lf
5-6 Step forward on Rf, make a 1/2 pivot turn L
7-8 Make a 1/2 turn L and step back on Rf, make a 1/2 turn L and step forward on Lf

Syncopated Rocks forward (R,L) Step back x2, Close, Clap x2

1-2& Rock forward on Rf, recover onto Lf, close Rf next to Lf
3-4 Rock forward on Lf, recover onto Rf
5-6 Step back on Lf, step back on Rf
7-&8 Close Lf next to Rf, clap hands x2

(option for counts 5-6-7 Mashed Potato Steps back)

(+)

Toe, and Heel switches, Rolling vine L, touch.

1&2& Touch Rf to R side, step Rf next to Lf, touch L heel forward, step Lf next to Rf
3&4 Touch R heel forward, step Rf next to Lf, touch Lf next to Rf
5-6 Make a 1/4 turn L and step forward on Lf, make a 1/2 turn L and step back on Rf
7-8 Make a 1/4 turn L and step Lf to L side, touch Rf next to Lf

Tag (Danced on the lyrics)

3 Step R Vine, 3 Step L Vine

1-2 Step Rf to R side, cross Lf behind Rf
3-4 Step Rf to R side, Rotate body and look to R
5-6 Step Lf to L side, cross Rf behind Lf
7-8 Step Lf to L side, Rotate body and look to L

Step scuff x2, rock recover, 1/2 turn R

1-2 Step forward on Rf, scuff Lf forward

- 3-4 Step forward on Lf, scuff Rf forward
- 5-6 Rock forward on Rf, recover onto Lf
- 7-8 Touch Rf back, make a half turn R changing weight onto Rf

Slow 1/2 turn L

- 1-2-3 Hold, slowly make 1/2 turn to L weight onto Lf.

Sequence A A A + A A A + A Tag A A + A + A.

(tip) you always add the (+) at the end of the chorus walls.
