

Only If You Want To

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Bill Larson (AUS) - March 2014
音樂: If I Want To - Jasmine Rae : (CD: If I Want To - 3:26)



Weight on Left, Start 16 counts before the vocals [V3 22.04.2014] - Turning CCW

Section 1: □□ Side Drag, Ball Cross, Hold, Ball Cross, Step Hip Sways

1,2 Step R to right side, Drag L up beside R
&3,4 Step L beside R, Cross R over L, Hold
&5 Step L beside R, Cross R over L
6,7,8 Step L to side bumping hips to L, Rock / Sway hips to R, L

Section 2: □□ Sailor Step, Sailor Step, Turn Back Rock, Shuffle Forward

1&2 Step R behind L, Step L to side, Recover weight onto R
3&4 Step L behind R, Step R to side, Recover weight onto L
5,6 turning 1/4 R, Step back on R, Recover weight forward onto L (3:00)
7&8 Shuffle forward: Stepping R, L, R

Section 3: □□ Step Paddle, Cross Rock, Back Rock, 1/2 Turn Step Walk

1,2 Step L forward, Paddle turn 1/4 turn R (6:00)
3,4 Cross / Step L over R, Recover weight onto R
5,6 Step back onto L, Rock forward onto R
7 turning a 1/2 turn R, Step back onto L (12:00)
8 Step back on R

Section 4: □□ Sweep x2, Coaster Step, Shuffle Forward, Forward Rock

1 Sweeping L to side, Step back on L
2 Sweeping R to side, Step back on R
3&4 Step Back onto L, Step R beside L, Step L forward
5&6 Shuffle forward: Stepping R, L, R
7,8 Step L forward, Recover weight back onto R

Section 5: □□ 1/2 Turn, Hold, 1/2 Turn Hold, 1/4 Turn Rock, Cross Shuffle

1,2 turning 1/2 turn L Step L forward, Hold (6:00)
3,4 turning 1/2 turn L, Step back on R, Hold (12:00)
5,6 turning 1/4 turn L Step L to side, Recover weight onto R (9:00)
7&8 Cross Shuffle to R: Stepping L, R, L

Section 6: □□ Side Rock, Behind Turn Step, Step Rock, Coaster Cross

1,2 Step R to side, Rock weight onto L
3&4 Step R behind L, turning 1/4 turn L Step L forward, Step R forward (6:00)
5,6 Step L forward, Recover weight onto R
7&8 Step L back, Step R beside L, Cross / Step L over R

No Tags or Restarts

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