

Holding Love

COPPER KNOB
STEP SHEETS

拍數: 48
編舞者: Donna Manning (USA) - May 2014
音樂: Holdin' Her - Chris Janson

牆數: 4

級數: Intermediate waltz



No Tags Or Restarts

Sec. 1 (1-6) □ ½ of A Full Diamond – L lead

1,2,3 Step L to 1:30, Step R fwd, turn 1/8 R stepping L to L side (3:00)
4,5,6 Turn 1/8 R stepping R back (10:30), Step L back, turn 1/8 turn R stepping R to R side (6:00)

Sec.2 (7-12) □ ½ of the Diamond w/ ½ Turn on End

1, 2, 3 Step L to 7:30, Step R fwd, turn 1/8 R stepping L to L side (9:00)
4, 5, 6 Turn 1/8 R stepping back on R (4:30), Step back on L, ½ turn R stepping R fwd towards 4:30 (6:00)

Sec.3 (13-18) □ ½ Turn, ½ Turn, Step, Step, Lift

1, 2, 3 ½ turn R stepping L back. ½ turn R stepping R fwd, Step L fwd
4, 5, 6 Step R fwd (4:30), Lift L to a figure 4 (L instep to R calf) – 2 counts

Sec. 4 (19-24) □ Step - prep, Step ¼ Turn R, ½ Turn Ronde

1, 2, 3 Step L to L side into a slight lunge – L shoulder goes back- top half of body torque L
4, 5, 6 ¼ Turn R stepping R fwd (9:00), on the ball of R sweep L ½ turn R bringing L to R no weight change here (3:00)

Sec.5 (25-30) □ Step, Ronde, Step, Ronde

1, 2, 3, 4, 5, 6 Step back on L, Sweep R front to back (2 counts) – Step back on R, Sweep L front to back (2 counts) (3:00)

Sec.6 (31-36) □ Back Twinkles

1, 2, 3, 4, 5, 6 Step L back, Rock R to R side, Recover to L – Step R back, Rock L to L side, Recover to R (leave hips angled to 4:30)

Sec.7 (37-42) □ Twinkle, Cross, ¼ Turn, ¼ Turn

1, 2, 3 Step L to diagonal R (4:30), Bring R to L, Step L to diagonal (1:30)
4, 5, 6 Cross R over L, ¼ Turn R stepping L back, ¼ Turn R stepping to the side (facing 9:00)

Sec.8 (43-48) □ Repeat section 7

Ends facing the 3:00 wall and you begin dance again stepping L towards 4:30 for the diamond

EOD!!! HAVE FUN!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Video rights assigned to choreographer

Contact: www.dancinfree.com