

# Watch Out

拍數: 64      牆數: 4      級數: Improver  
編舞者: Rona Kaye (USA) - May 2014  
音樂: Maneater - Daryl Hall & John Oates : (iTunes)



Dance starts after 64 counts (during the opening instrumental)

## Slow Stylized Walks:

1 2 3 4      Stylized walk forward R (1), Hold (2), Stylized walk forward L (3), Hold (4)  
5 6 7 8      Repeat for 5 hold 6, 7 hold 8 [12:00]

## "Mambo", Triple Step Back:

1 2 3 4      Rock forward R (1) Recover to L (2) Step back on R (3) Hold (4)  
5 6 7 8      Triple Back: Step L back (5), step R to L (6), Step L back (7) Hold (8) [12:00]

## Coaster Step, Two Walks:

1 2 3 4      Step back on R (1) Step L to R (2) Step R forward (3) Hold (4)  
5 6 7 8      Step forward L (5) Hold (6) Step forward R (7) Hold (8) □ [12:00]

## ½ Pivot Turn, Walk, "Look" Back To The L, Hold, "Look" Forward, Hold:

1 2      Turn ½ to L (1) Hold (2)  
3 4      Step forward on R (3) Hold (4) □ [6:00]  
5 6 7 8      Turn your upper body L to "look" behind you over your L shoulder, (wt. changes to L) (5) Hold (6), Turn body to R to face 6:00, (wt. recovers to R) (7) Hold (8) □ [6:00]

## Basic Nightclub, Step ¼ Turn, Pivot ½ Turn:

1 2 3 4      Step L side (1) Hold (2) Rock R behind L (3) Recover wt to L (4) [6:00]  
5 6 7 8      Step on R as you turn ¼ R (5) Hold (6) Step forward L (7) Pivot turn ½ to R (wt is on R) (8) [3:00]

## Triple Step, "Walking" Triple Step ¾ Turn:

1 2 3 4      Step forward L (1) Step R to and behind L (2) Step L forward (3) Hold (4) [3:00]  
5 6 7 8      Step R slightly forward (5) Turn ½ to L transfer wt to L (6) Turn ¼ to L as you step R next to L (7) Hold (8) [6:00]

## Toe Struts, Side Touches, ¼ Turn With "Hitch":

1 2 3 4      Tap L toe forward (1) Step down on L (2) Tap R toe forward (3) □ Step down on R (4)  
            \*\*Travel forward on the toe struts\*\* [6:00]  
5 6 7 8      Touch L toe to L side (5) Step L "home" (6) Touch R toe to R side (7) Turn ¼ to R as you "hitch" R foot up and across L (8) □ [9:00]

## Diagonal Lock Steps R and L:

1 2 3 4      Step R forward and up toward diagonal R (1) Step L to R (2) Step R forward and up toward diagonal R (3) Hold (4) □ [9:00]  
5 6 7 8      Step L forward and up toward diagonal L (5) Step R to L (6) Step L forward and up toward diagonal L (7) Hold (8) □ [9:00]

End of dance!

\*\*Add 16 count Tag after 4th rotation, facing 12:00, and after 6th rotation, facing [6:00].

## Two Walks, Coaster:

1 2 3 4      Walk forward R (1) Hold (2) Walk forward L (3) Hold (4)  
5 6 7 8      Step forward R (5) Step L next to R (6) Step R back (7) Hold (8) [12:00]

## Two Walks, Coaster:

1 2 3 4      Walk back L (1) Hold (2) Walk back R (3) Hold (4)  
5 6 7 8      Step back L (5) Step R next to L (6) Step L forward (7) Hold (8) □ [12:00]

**Contact: [RonaKaye112@Yahoo.com](mailto:RonaKaye112@Yahoo.com)**

**Last Update 30th Sept 2014**

---