

La Song

拍數: 32 牆數: 4 級數: Beginner - Tango rhythm
編舞者: Hyun-Sook Park (KOR) - April 2014
音樂: La Song - RAIN : (Album: Rain Effect)



Count In : Dance begins on vocals (40 secs)
Option : 24 secs, you'll try intro dance Tag×2

Sec 1: CROSS, POINT, CROSS, POINT, 1/4 R, HITCH, BACK WALKS

1-2 Cross right over left, point left toe to left
3-4 Cross left over right, point right toe to right
5-6 1/4 turn right(weight to left), hitch right knee
7-8 Step back on right, step back on left

Sec 2: BEHIND, POINT, BEHIND, POINT, FLICK OUT, ACROSS POINT, FLICK OUT ACROSS STEP, LOCK

1-2 Cross right behind left, point toe to left
3-4 Cross left behind right, point toe to right
5-6 Flick out right knee, across point right toe over left
7-8 Flick out right knee, across step right toe over left
& lock left diagonally left

Sec 3: STEP, 1/4 R SWEEP, CROSS, SIDE, BEHIND, 1/4 R SWEEP, BACK WALKS

1-2 Step right diagonally left, 1/4 turn right and sweep left back to forward 6:00
3-4 Cross left over right, step right to right
5-6 Cross left behind right, 1/4 turn right and sweep right forward to back 9:00
7-8 Step back on right, step back on left

Sec 4: BACK ROCK, FORWARD HIP BUMPS, BACKWARD HIP BUMPS, RONDE FLICK, BACK SLIDE, STOMP

1-2 Rock right back, recover on to left
3&4 Step forward diagonally to right bumping right hip forward, bump left hip back, bump right hip forward(weight on right)
5&6 Step backward diagonally to left bumping left hip back, bump right hip forward, bump left hip back(weight on left)
&7-8 Flick with ronde right, step slide back on right, stomp left together

Tag - After wall 2, add following steps(16 count) and dance again. (you will be facing 6:00)

Sec 1: CROSS, POINT, CROSS, POINT, JAZZ BOX

1-2 Cross right over left, point left toe to left
3-4 Cross left over right, point right toe to right
5-6 Cross right over left, step back on left
7-8 Step right to right side, step left next to right

Sec 2: BEHIND, POINT, BEHIND POINT, TANGO HEAD ACTION

1-2 Cross right behind left, point left toe to left
3-4 Cross left behind right, point right toe to right
5-8 Right hand circling around the head and head action of tango

Start Again!

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