She's Country



拍數: 32 牆數: 4 級數: Improver

編舞者: Guy Dubé (CAN) - May 2014 音樂: She's Country - Jason Aldean



Start: ☐ Start dancing on lyrics (48 counts).

Style: ☐ For a better country look, put your fingers at your belt.

Steps description submitted by Ateliers MG Dance

Note: ☐ Begin the dance facing to 3:00 wall.

[1-8]□1/4 TURN L with WALKS FORWARD, BUMPS, WALKS BACKWARD, BUMPS

1-2 1/4 turn left in walking left, right forward like a light stomp (facing to 12:00)
3&4 Step left forward with hip bumps left, right, left forward diagonaly to left

5-6 Walk left, right backward like à light stomps

7&8 Step right backward with hip bumps right, left, right backward diagonaly to right

[9-16] □ CROSS, TOUCH, CROSS, TOUCH, TRIPLE STEP in 1/2 TURN L, SHUFFLE FWD

1-2 Cross step left over right, touch right toe to side3-4 Cross step right over left, touch left toe to side

5&6 Triple step left, right, left on place in 1/2 turn left (facing to 6:00)

7&8 Shuffle forward right, left, right

[17-24] STEP, SCUFF, HITCH, COASTER STEP, SCUFF, HITCH, COASTER, SCUFF, HITCH, STOMP,

STOMP

1&2 Step left forward, scuff right forward, hitch right

Step right backward, step left together right, step right forward, scuff left hitch left, step left backward, step right together left, step left forward

&7&8 Scuff right forward, hitch right, stomps right, left on place

[25-32]□SIDE, TOGETHER, CHASSÉ to R, ROCK BACK, HEEL-HOOK-HEEL in 1/4 TURN L

1-2 Step right to side, step left together right (ending weight on left)

3&4 Chassé to right with right, left, right5-6 Rock back left, recover on right

Style for counts 7&8 - Fingers at the belt, you look over the left shoulders to the left wall.

7&8 Heel touch left forward diagonally, raise heel left over right knee, heel touch left forward

diagonally

TAG: ☐ After 2 repetitions of the dance.

[1-8]□2X (1/4 TURN L with STEP L FWD, SCUFF, TRIPLE STEP in 1/4 TURN R)

1-2 1/4 turn left and step left forward, scuff right forward

3&4 Triple step right, left, right, in 1/4 turn right

5-8 Repeat the previous 4 counts.

REPEAT...

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