

Calm After The Storm

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Brian Jonassen (DK) - May 2014
音樂: Calm After the Storm - The Common Linnets



Intro: 8 count

Chassé right, back rock, chasse left, back rock

1&2 Step right foot to right side, step left together, step right foot to right side
3-4 Rock back on left foot, recover to right foot
5&6 Step left foot to left side, step right foot together, step left foot to left side
7-8 Rock back on right foot, recover to left foot

Heel switch, ¼ turn left, heel switch, ¼ turn left

1&2 Right heel forward, step together, left toe touch beside right
&3&4 Step together, right toe touch beside left, step together, touch left heel forward
&5&6 Step together, right heel forward, step together, touch left beside right
&7&8 Step together, right toe touch beside left, step together, touch left heel forward.

Rock, recover, coaster step, ¼ paddle turn right (x2)

&1-2 Step together, rock forward on right foot, recover to left foot
3&4 Step right foot back, step left foot together, step right foot forward
5-6 Paddle turn ¼ to right
7-8 Paddle turn ¼ to right

Step 1/2 turn, 1/2 turn, 1/4 turn, jazzbox, stomp up

1-2 Step ½ turn right
3-4 1/2 turn, ¼ turn right
5-8 Step left foot over right foot, step right foot back, step left together, stomp up right foot.

Start dance again - EXCEPT :

On wall 9, 4th block

1-2 Step 1/2 turn right
3-4 1/2 turn right, 1/4 turn right
5-8 Hold, hold, hold, hold

Wall 10

&1&2 Step left together, step right to right side, step left together, step right to right side
3-4 Rock back on left foot, recover to right foot
5&6 Step left foot to left side, step right foot together, step left foot to left side
7-8 Rock back on right foot, recover to left foot

Continue from heel switches - block 2

Wall 11 - Dance counts 1-16 and end dance on &1 (count 17)

Enjoy and have fun !!

Contact - Submitted by: jorgen@zone13.dk

Last Update 19th June 2014

