

Lots of Leaving Left

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Guy Dubé (CAN) & Denis Henley (CAN) - October 2005
音樂: Lot of Leavin' Left to Do - Dierks Bentley



Start : □Intro 24 counts, start on lyrics

Restart: □On the fourth restart, on 9 :00 wall, do the first 32 counts and restart the dance from the beginning.

[1-8] □OUT-OUT, IN-IN, SHUFFLES FORWARD □

&1 Step right out to right, step left out to left
&2 Step right back into center, Step left back into center
&3 Step right out to right, step left out to left
&4 Step right back into center, Step left back into center

Note : □On counts &1 to 4 travelling slightly behind.

5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

[9-16] □PRESS, JUMP BACK with KICK, SHUFFLES 1/2 TURN R, SAILOR SHUFFLE

1-2 Press right forward, jump left behind with kick forward right
3&4 Shuffle 1/2 turn to the right, (right, left, right)
5&6 Shuffle 1/2 turn to the right, (left, right, left)
7&8 Cross right behind left, Step left to left side, Step right in place

[17-24] □TOUCH, HOLD, 1/4 TURN L, HOLD, STEP, PIVOT 1/4 TURN L, STEP, PIVOT 1/4 TURN L

1-2 Touch left toe back, Hold
3-4 1/4 turn left, Hold
5-6 Step right forward, pivot 1/4 turn left
7-8 Step right forward, pivot 1/4 turn left

[25-32] □ROCK STEP CROSS, WEAVE R, KICK, TOE BACK, UNWIND 1/2 TURN R

1-2 Rock right across left, rock onto left in place
&3 Step right to right, cross left over right
&4 Step right to right, cross left behind right
&5 Step right to right, cross left over right
6 Kick right forward in diagonal right
7 Touch right toe behind left
8 Unwind 1/2 turn right in place, (keep heel right up and weight on left)

[33-40] □JUMP FWD, JUMP BACK, OUT-OUT, IN-IN, SHUFFLES FWD

&1 Jump forward right, step left beside right
&2 Jump back right, step left beside right
&3 Step right out to right, step left out to left
&4 Step right back into center, Step left back into center
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

[41-48] □SIDE, BEHIND, SCISSORS, 3/4 TURN R, KICK BALL STEP

1-2 Step right on right, step left behind right
&3 Step right backward in diagonal, Heels left forward in diagonal to left
&4 Step left beside right, Cross right over left
5-6 Step left back in 1/4 turn right, step right forward in 1/2 turn right
7&8 Kick left forward, step left beside right, step right forward

[49-56] □ ROCK STEP, JUMP BACK with KICK, STEP BACK, SHUFFLE BACK, COASTER STEP

- 1-2 Rock forward on left, Rock onto right in place
- 3-4 Jump left back with kick right forward, step right back
- 5&6 Shuffle back left, right, left
- 7&8 Step back right, step left beside right, step forward right

[57-64] □ STEP, PIVOT 1/4 TURN R, UNWIND 1/2 TURN R, SHUFFLE FWD, MAMBO FORWARD

- 1-2 Step forward left, Pivot 1/4 turn right (weight on right)
- 3-4 Step left cross right, unwind 1/2 turn right (weight on left)
- 5&6 Shuffle forward right, left, right
- 7&8 Rock forward with left, recover weight back to right, step back left next to right

Repeat

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